



# POLK COUNTY, WISCONSIN

[WWW.CO.POLK.WI.US](http://WWW.CO.POLK.WI.US)

Sharon Jorgenson, County Clerk  
100 Polk Plaza, Suite 110, Balsam Lake, WI 54810  
Phone: (715) 485-9226 · Email: Sharon.Jorgenson@co.polk.wi.us

## MINUTES

### HEALTH & HUMAN SERVICES BOARD

GOVERNMENT CENTER, COUNTY BOARD ROOM, BALSAM LAKE WI 54810

10:00 A.M. TUESDAY, JUNE 11, 2019

Meeting called to order by Chair Bonneprise at 10:00 a.m.

Members present:

Attendee Name	Title	Status
John Bonneprise	Chair	Present
Joe Demulling	Vice Chair	Absent
Jim Edgell	Supervisor	Present
Michael Larsen	Supervisor	Present
Mike Prichard	Supervisor	Present
William Alleva	Citizen	Present
Pete Raye	Citizen	Present
Sabrina Meddaugh	Citizen	Absent
Dr. Arne Lagus	Citizen	Present

Also present: Lisa Ross, Deputy County Clerk, Tonya Eichelt, Community Services Director; Kathy Gingras, Community Services Business Operations Manager; Lisa Lavasseur, Behavioral Health Director; Brian Kaczmarek, Public Health Director; Chad Knutson, Interim DCF Director; Tim Anderson, Land Information Regional Planner; Andrew Butzler, CVSO; Dana Reese, GAM Administrator; Nick Osborne, County Administrator; Jonn Dinnies, ABMDI, Medical Examiner; Member of the Press.

**Approval of Agenda-** Chair Bonneprise called for a motion to approve agenda. **Motion** (Raye/Alleva) to approve agenda. **Motion** carried by unanimous voice vote.

**Approval of Minutes-** Chair Bonneprise called for a motion to approve the minutes of the May 14, 2019 meeting. **Motion** (Alleva/Raye) to approve the minutes. **Motion** carried by unanimous voice vote.

**Public Comment** – None

**Receipt of Information from Supervisors Not Seated as Committee Members** - No information was received by the committee from Supervisors not seated as committee members.

**Announcements and Committee Information** – None

The Board received a report and update from Polk County Medical Examiner, Jonn Dinnies, ABMDI. Information presented to the board included: services performed at the Medical Examiner's office and their use of the CDC's National Violent Death Reporting System, and Polk County Medical Examiner's Statistical Reports from 2018 and 2019.

Administrator Osborne provided a report and update to the Board regarding the Housing Study. On June 7<sup>th</sup> Polk County's Economic Development Corporation (EDC) received approval on a Community Economic Development Grant. Vince Netherland of the EDC will be working with West Central Wisconsin Community Action Agency on the housing plans.

The Board received a report and update from Tonya Elchelt and Administrator Osborne regarding the Legislative Event.

The Board received information and a printed report from Brian Kaczmarek regarding the 2019 Polk County Community Health Needs Assessment (CHA). The Assessment is required every three years. The 2019 CHA was completed by the community collaborative team, Polk United. The 2019 CHA results showed Polk County's Top 4 Health Focus Areas as: Mental Health, Substance Use and Abuse, Nutrition and Physical Activity, and Access to Care. Polk County's Top 3 Social Determinants of Health to be: Economic Stability, Education and Neighborhood and Built Environment.

Chair Bonneprise called for a motion regarding the Community Health Needs Assessment. **Motion** (Alleva/Lagus) to approve the outcomes and findings of the 2019 Polk County Community Health Needs Assessment carried by voice vote of six in favor and one abstention.

Administrator Osborne and Tonya Elchelt discussed Budget Priorities of the Division. The board received information and had discussion regarding the Budget Priorities of: Golden Age Manor, Veteran's Services, and of the Community Services Division.

Chair Bonneprise called for a motion regarding the list of Budget Priorities of Golden Age Manor, Veteran's Services and of the Community Services Division. **Motion** (Alleva/Larson) to forward the Budget Priorities as listed to the County Board for approval. **Motion** carried by voice vote of six in favor and one abstention.

The Committee received information from Administrator Osborne regarding Resolution 26-19: Resolution Encouraging Wisconsin Counties Association to work with Wisconsin State Legislature to provide for Additional Programs and Funding for Combating and Treatment of Methamphetamine Abuse. The Committee discussed recommendations regarding consideration of Resolution No. 26-19.

Chair Bonneprise called for a motion regarding Resolution 26-19. **Motion** (Lagus/Alleva) to recommend Resolution No. 26-19 to the County Board for passage carried by voice vote of six in favor and one abstention.

**Items for the next Agenda** – Department Annual Report from Administrator Osborne, Mid-Year Report from Veteran Services Officer, Andrew Butzler; Mid-Year Report from Golden Age Manor's Administrator, Dana Reese; Program Evaluation of DCF- Family Support Workers from Chad Knutson, Interim DCF Director.

**Next Meeting** – 10:00 a.m. Tuesday, July 9, 2019

Chair Bonneprise called for a motion to adjourn. **Motion** (Alleva/Raye) to adjourn.

**Motion** carried by unanimous voice vote. Chair Bonneprise declared meeting adjourned at 11:25 a.m.

Respectfully submitted,

Lisa Ross, Deputy County Clerk



## **POLK COUNTY, WISCONSIN**

[WWW.CO.POLK.WI.US](http://WWW.CO.POLK.WI.US)

Sharon Jorgenson, County Clerk  
100 Polk Plaza, Suite 110, Balsam Lake, WI 54810  
Phone (715) 485-9226 Email Sharon.Jorgenson @co.polk.wi.us

---

### **AGENDA AND NOTICE OF MEETING**

#### **HEALTH AND HUMAN SERVICES BOARD**

Government Center, 100 Polk County Plaza, Balsam Lake, WI 54810

County Board Room

Tuesday, June 11, 2019 at 10:00 a.m.

A quorum of the County Board may be present

Packet: Agenda/Notice of Meeting; Minutes of May 14, 2019 Meeting; 2019 Work Plan,

1. Call to Order-Chairman Bonneprise
2. Approval of Agenda
3. Approval of Minutes for the May 14, 2019 Meeting
4. Public Comment
5. Receipt of Information from Supervisors Not Seated as Committee Members
6. Announcements and Committee Information
7. Medical Examiner Update – Jonn Dinnies, ABMDI
8. Update on Housing Study
9. Legislative Event Report
10. Budget Priorities Discussion
11. Approval of Community Health Needs Assessment (CHA)
12. Resolution 26-19 Methamphetamine Resolution (Copy of Resolution will be circulated on the floor)
13. Identify Subject Matters for July 9<sup>th</sup> Meeting
14. Adjourn

---

Items on the agenda not necessarily presented in the order listed. This meeting is open to the public according to Wisconsin State Statute 19.83. Persons with disabilities wishing to attend and/or participate are asked to notify the County Clerk's office (715-485-9226) at least 24 hours in advance of the scheduled meeting time so all reasonable accommodations can be made. Requests are confidential.



## POLK COUNTY, WISCONSIN

[WWW.CO.POLK.WI.US](http://WWW.CO.POLK.WI.US)

Sharon Jorgenson, County Clerk  
100 Polk Plaza, Suite 110, Balsam Lake, WI 54810  
Phone (715) 485-9226 Email Sharon.Jorgenson @co.polk.wi.us

---

### **AGENDA AND NOTICE OF MEETING**

#### **HEALTH AND HUMAN SERVICES BOARD**

Government Center, 100 Polk County Plaza, Balsam Lake, WI 54810

County Board Room

Tuesday, June 11, 2019 at 10:00 a.m.

A quorum of the County Board may be present

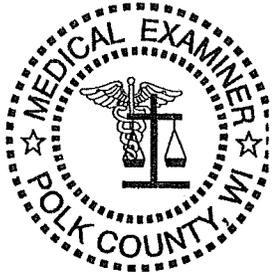
Packet: Agenda/Notice of Meeting; Minutes of May 14, 2019 Meeting; 2019 Work Plan,

1. Call to Order-Chairman Bonneprise
2. Approval of Agenda
3. Approval of Minutes for the May 14, 2019 Meeting
4. Public Comment
5. Receipt of Information from Supervisors Not Seated as Committee Members
6. Announcements and Committee Information
7. Medical Examiner Update – Jonn Dinnies, ABMDI
8. Update on Housing Study
9. Legislative Event Report
10. Budget Priorities Discussion
11. Approval of Community Health Needs Assessment (CHA)
12. Resolution 26-19 Methamphetamine Resolution (Copy of Resolution will be circulated on the floor)
13. Identify Subject Matters for July 9<sup>th</sup> Meeting
14. Adjourn

---

Items on the agenda not necessarily presented in the order listed. This meeting is open to the public according to Wisconsin State Statute 19.83. Persons with disabilities wishing to attend and/or participate are asked to notify the County Clerk's office (715-485-9226) at least 24 hours in advance of the scheduled meeting time so all reasonable accommodations can be made. Requests are confidential.

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

---

## 2018 STATISTICAL REPORT

TOTAL CASES	402
GENDER	
MALE	198
FEMALE	204
NATURAL DEATHS	373
DEMENTIA COMPLICATIONS	81
HEART/PVD	77
LUNG CANCER	29
COPD COMPLICATIONS	28
OTHER CANCER	24
CVA/SAH/INTERCEREBRAL	16
ALCOHOLISM COMPLICATIONS	12
PANCREATIC CANCER	11
CEREBROVASCULAR DISEASE	11
RENAL FAILURE	8
COLON CANCER	7
LEUKEMIA	7
RENAL CANCER	5
BREAST CANCER	5
BRAIN CANCER	4
PROSTATE CANCER	4
ALS	4
LYMPHOMA	4
PNEUMONIA	4
BLADDER CANCER	3
ESOPHAGEAL CANCER	3
PARKINSON'S DISEASE	2
MELANOMA	1
ENDOMETRIAL CANCER	1
LIVER CANCER	1
OTHER	21

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

ACCIDENTAL	21
MOTOR VEHICLE CRASH	9
COMPLICATIONS FROM FALL	5
DRUG OVERDOSE	3
DROWNING	2
MOTORCYCLE CRASH	1
COMPRESION ASPHYXIATION	1
SUICIDE	7
GUNSHOT WOUND	4
ASPHYXIA BY HANGING	2
DRUG OVERDOSE	1
CREMATION PERMITS ISSUED	303
FEES COLLECTED	\$56,955.00

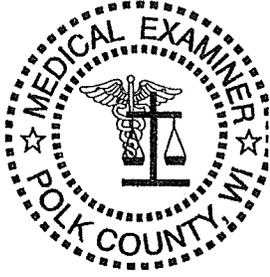
---

In the State of Wisconsin, counties under a population of 500,000 must have either an elected Coroner or an appointed Medical Examiner. In January 2005 Polk County switched from the Coroner system to the ME system. This change allowed Polk County to set employment standards such as education and job requirements not previously allowed under the elected Coroner System.

Most people have no idea of what the County Medical Examiner's job is. I've put together a brief outline of the duties and responsibilities of the Medical Examiner for your review:

1. Conduct a thorough and independent investigation of deaths in Polk County which fall within his/her jurisdiction under state statute 979.01 and 979.10.  
Wisconsin Statute 979 mandates Reportable deaths:
  - a. All deaths in which there are unexplained, unusual or suspicious circumstances.
  - b. All homicides
  - c. All suicides.
  - d. All accidental deaths, whether the injury is or is not the primary cause of death and regardless of the time span when death occurred.
  - e. Maternal deaths following an abortion.
  - f. All deaths due to poisoning (toxicity or overdose) whether homicidal, accidental or suicidal in nature.
  - g. When there is no physician or accredited practitioner, who has attended or treated the decedent within 30 days preceding death.

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

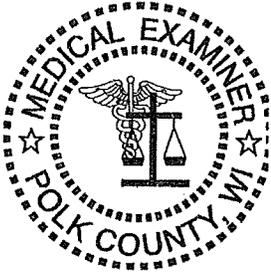
- h. When the physician caring for the decedent refuses to sign the death certificate.
- i. When, after reasonable efforts, a physician cannot be obtained to sign the death certificate.
- j. All deaths of inmates or in the custody of law enforcement.

Although the above cases must be reported per State Statute, The Medical Examiner has the authority to accept or decline jurisdiction on a case-by-case basis. When the jurisdiction is declined, the attending physician signs the death certificate.

2. Issue necessary permits for final disposition, i.e. cremation, embalming or disinterment permits
3. Perform administrative duties
  - a. Develop and update Policies and Procedures for the Office
  - b. Develop and present an annual budget
  - c. Develop personnel duties
  - d. Appoint, supervise and train competent deputies to act on behalf of the Medical Examiner in his/her absence
  - e. Develop written guidelines for reporting deaths within the County and pronouncement of death outside of a hospital or nursing home
  - f. Provide a written bloodborn pathogen disease control plan for all deputies
  - g. Prepare a county plan of action for the mortuary section of the county emergency government plan and act as the mortuary officer in the event of a multiple fatality disaster.
4. Make decisions with respect to the necessity of an autopsy, toxicology or other testing that may be necessary to determine the cause and manner of death
5. Obtain biological samples in a method consistent with medical and legal standards
6. Properly document every case investigated and all property recovered and released to the next of kin
7. Properly complete the medical certification on a death certificate for every case reported under State Statute 979.01 (the medical certification must comply with the standards for timeliness and completeness as issued by the State Registrar per State Statute 69.18)
8. Compassionately deal with the family and loved ones of the deceased in a professional manner which includes death notification and appropriate release of all information regarding the cause and manner of death.
9. Upon request from a court, give accurate and complete testimony as to the method of investigation used in a case and the findings of that investigation

Currently, I have four deputy medical examiners working with me to provide 24/7/365 coverage for Polk County. We are not needed constantly but when we are needed, IT IS NOW. Tony Peterson is an advanced EMT lives in Frederic. Marty Shanklin, retired investigator for the Ramsey County Medical Examiner's Office with over 30 years of experience and has been the ME for St Croix County in the past, lives in Amery. Tiffany Steele is an emergency Room Technician in Regions Hospital Emergency Department but lives in Frederic. Bob Jorgenson is our newest addition to our staff also lives in Frederic. He is an EMT for Northland ambulance service and will be completing his Death Investigation Course soon.

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

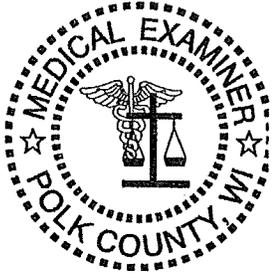
## Annual Case number handled over the last 16 years

1. 2003	205
2. 2004	206
3. 2005	189
4. 2006	215
5. 2007	212
6. 2008	262
7. 2009	276
8. 2010	282
9. 2011	277
10. 2012	282
11. 2013	344
12. 2014	338
13. 2015	350
14. 2016	362
15. 2017	391
16. 2018	402

## Annual Cremation permits issued 2011-2018

2011	185
2012	206
2013	217
2014	225
2015	237
2016	281
2017	297
2018	303

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

## Mission Statement:

To provide death investigation services that honors those who have died by providing scientific, consistent and compassionate investigation into the circumstances of death.

---

In the State of Wisconsin, counties under a population of 500,000 must have either an elected Coroner or an appointed Medical Examiner. In January 2005 Polk County switched from the Coroner system to the ME system. This change allowed Polk County to set employment standards such as education and job requirements not previously allowed under the elected Coroner System.

Most people have no idea of what the County Medical Examiner's job is. I've put together a brief outline of the duties and responsibilities of the Medical Examiner for your review:

10. Conduct a thorough and independent investigation of deaths in Polk County which fall within his/her jurisdiction under state statute 979.01 and 979.10.  
Wisconsin Statute 979 mandates Reportable deaths:
  - a. All deaths in which there are unexplained, unusual or suspicious circumstances.
  - b. All homicides
  - c. All suicides.
  - d. All accidental deaths, whether the injury is or is not the primary cause of death and regardless of the time span when death occurred.
  - e. Maternal deaths following an abortion.
  - f. All deaths due to poisoning (toxicity or overdose) whether homicidal, accidental or suicidal in nature.
  - g. When there is no physician or accredited practitioner, who has attended or treated the decedent within 30 days preceding death.
  - h. When the physician caring for the decedent refuses to sign the death certificate.
  - i. When, after reasonable efforts, a physician cannot be obtained to sign the death certificate.
  - j. All deaths of inmates or in the custody of law enforcement.

Although the above cases must be reported per State Statute, The Medical Examiner has the authority to accept or decline jurisdiction on a case-by-case basis. When the jurisdiction is declined, the attending physician signs the death certificate.

11. Issue necessary permits for final disposition, i.e. cremation, embalming or disinterment permits
12. Perform administrative duties
  - a. Develop and update Policies and Procedures for the Office
  - b. Develop and present an annual budget
  - c. Develop personnel duties
  - d. Appoint, supervise and train competent deputies to act on behalf of the Medical Examiner in his/her absence
  - e. Develop written guidelines for reporting deaths within the County and pronouncement of death outside of a hospital or nursing home
  - f. Provide a written bloodborn pathogen disease control plan for all deputies

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnnd@co.polk.wi.us](mailto:jonnnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

- g. Prepare a county plan of action for the mortuary section of the county emergency government plan and act as the mortuary officer in the event of a multiple fatality disaster.
13. Make decisions with respect to the necessity of an autopsy, toxicology or other testing that may be necessary to determine the cause and manner of death
14. Obtain biological samples in a method consistent with medical and legal standards
15. Properly document every case investigated and all property recovered and released to the next of kin
16. Properly complete the medical certification on a death certificate for every case reported under State Statute 979.01 (the medical certification must comply with the standards for timeliness and completeness as issued by the State Registrar per State Statute 69.18)
17. Compassionately deal with the family and loved ones of the deceased in a professional manner which includes death notification and appropriate release of all information regarding the cause and manner of death.
18. Upon request from a court, give accurate and complete testimony as to the method of investigation used in a case and the findings of that investigation

Currently, I have two deputy medical examiners working with me to provide 24/7/365 coverage for Polk County. Tony Peterson is an advanced EMT lives in Frederic. Tiffany Steele is an Emergency Room Technician at Regions Hospital Emergency Department but lives in Frederic. Both individuals have been dedicated excellent employees for the Medical Examiner's Office for many years and I could not do this job without them.

## **SUMMARY ANALYSIS:**

2018 was the busiest year on record. We handled a total of 402 cases. Cremation permit requests continue to be the driving force with a steady increase in demand as you can clearly see. This is predicted to continue for the future. We had 12 cases that required autopsy. We continue to contract with the Anoka County Midwest Medical Examiner's Office in Ramsey, Minnesota. They provide Polk County with forensic pathology services.

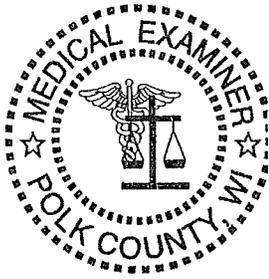
The Medical Examiner's Office has now been integrated into the Community Services Division of Polk County for the past two years. This has been a very good move as most of my duties involve public health issues. The integration with our Community Services Division and my ability to interact with the staff has brought to light the importance of how my duties are directly related to Public Health issues. Public Health issues involve drug abuse, suicides, heart disease, cancer and its relation with sedentary lifestyles, high blood pressure, diabetes and obesity to name a few.

I greatly appreciate the opportunity to continue to serve the citizens of Polk County as your Medical Examiner.

Respectfully,

Jonn Dinnies

# OFFICE OF THE MEDICAL EXAMINER



Chief Medical Examiner

Jonn B. Dinnies, ABMDI

[jonnd@co.polk.wi.us](mailto:jonnd@co.polk.wi.us)

100 Polk County Plaza, Suite 180 · Balsam Lake, WI 54810

Phone: 715 485-9218 · Fax: 715 485-9272

---

## 2019 Year to date Statistics

Total cases YTD 183

***In 2018 we were at 184 cases***

Autopsies so far in 2019 total 11

***In 2018 we had 12 autopsies for the entire year.***

We have had one homicide case so far in 2019

We have had 11 accidental deaths in 2019

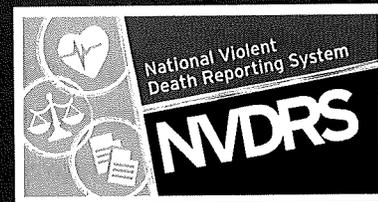
- 4 motor vehicle accident deaths
- 2 deaths related to hip fracture complications in the elderly
- 1 death related to a head injury from a fall in the elderly
- 1 death related to drowning
- 1 death related to a drug overdose
- 1 death related to hypothermia in the elderly
- 1 death related to compression asphyxiation

We have had 167 natural deaths so far in 2019

We have had 2 suicides in 2019 both related to GSW

We have one death where the cause is not determined as we are waiting on autopsy results

# CDC's National Violent Death Reporting System & Coroner/Medical Examiner Partners



The Centers for Disease Control and Prevention's National Violent Death Reporting System (NVDRS) links details of violent deaths – the who, when, where and how – and shares insights into why they occurred.

NVDRS relies on information from coroner/medical examiner reports (including toxicology), law enforcement reports, and death certificates to pool anonymized data on violent deaths and their circumstances into one database. Such data are far more comprehensive than what is available elsewhere and decision-makers and program planners can use this information to develop and tailor violence prevention efforts.

## For which types of deaths is information collected?

NVDRS compiles data for these types of cases:

- Suicides
- Homicides
- Deaths that occur while in custody of law enforcement or a correctional facility (excluding legal executions)
- All firearm related deaths
- Deaths of undetermined manner, including undetermined drug overdose deaths

## Why does NVDRS collect information on deaths of undetermined intent?

NVDRS collects information on deaths with an undetermined intent because this:

- Provides a more complete picture of violent deaths that may be intentional
- Allows public health professionals or data analysts to examine what unique factors result in an undetermined classification of manner of death
- Sheds light on drug overdose deaths that could not be classified as suicide or unintentional (the most common type of death of undetermined intent in NVDRS)

## What types of data are collected?

Trained abstractors enter information into the encrypted, anonymized system according to standardized CDC guidelines. NVDRS collects data for all age groups and includes information on:

- Injury characteristics (e.g., cause of death, type of location)
- Demographics (e.g., sex, race/ethnicity)
- Circumstances that preceded or were related to a victim's death
- Mental health diagnoses
- Toxicology
- Narratives that provide a brief summary of the incident based on law enforcement and coroner/ medical examiner reports
- More than 600 other unique data elements

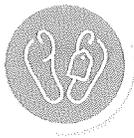
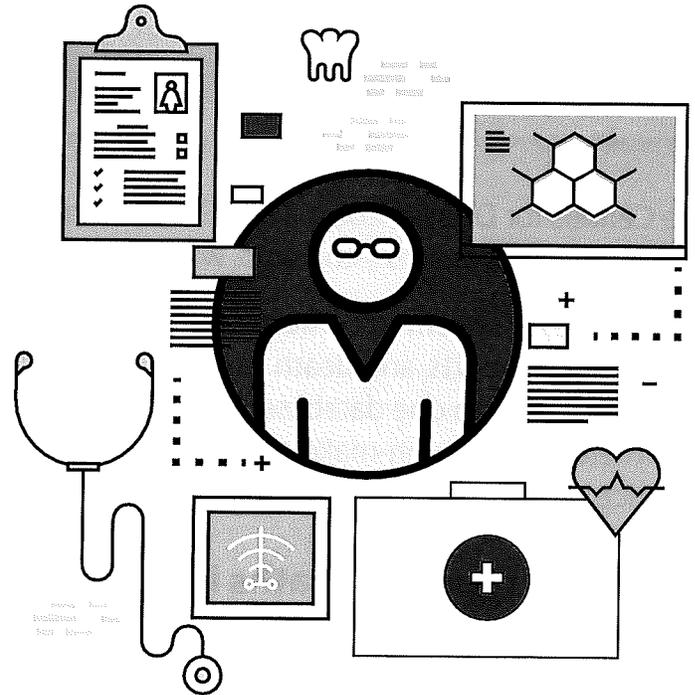


## What can NVDRS data be used to do?

- **Uncover timely topics** and emerging issues related to violent deaths
- **Reveal important variations** in patterns of violent deaths across locations, populations, and over time
- **Better understand the circumstances** that contribute to violence in the county, state, or territory
- **Guide, inform, and help** target and evaluate violence prevention efforts, including suicide prevention

Leading to...

- **Greater understanding** of violent and undermined deaths
- **More effective use** of violence prevention resources
- **Healthier, safer** communities



## What is the role of Coroners/Medical Examiners in NVDRS?

Coroners and medical examiners and the data they provide are an essential component of the NVDRS. Without their partnership, NVDRS could not assess circumstances of violent deaths or patterns in injury characteristics and other critical information that help local communities identify the most important contributing factors to violent deaths, which in turn help prevention partners develop effective prevention strategies.

When coroners and medical examiners provide detailed information in their reports, NVDRS can be used to develop more thorough insights into why these violent deaths occurred and identify ways to prevent future violent deaths.

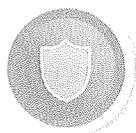
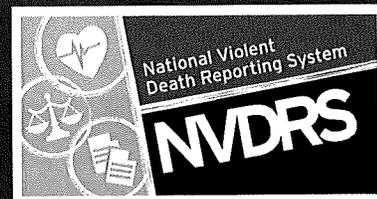


## Is the information in NVDRS secure? What protections are in place?

Since NVDRS data collection began in 2003, there have been no reported data breaches. Participating NVDRS states enter data into an encrypted, web-based system. The VDRS states submit this information to CDC using the most up-to-date security protocols. Local laws that protect other types of health department records, such as communicable disease records, also apply to NVDRS files.

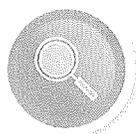
For further information on NVDRS, visit <https://www.cdc.gov/violenceprevention/nvdrs>.

# CDC's National Violent Death Reporting System (NVDRS)



## Violence is a Major Public Health Problem

In the United States, seven people per hour die a violent death. More than **19,000 people were victims of homicide** and almost **45,000 people died by suicide** in 2016 alone. The economic costs are staggering—with suicide costing the U.S. economy **\$57 billion** and homicide **\$30 billion**, and this is just the costs for medical care and lost work. Other costs, including the emotional toll on victims' families and the costs to the criminal justice system for arrest and incarceration of offenders are substantial and not included in this estimate. Also, many Americans survive violent experiences and are left struggling with long-term physical, psychological, and emotional consequences. Violence erodes entire communities—reducing productivity, decreasing property values, disrupting social services, and making people feel unsafe in the places where they live, work, and learn.



## A Comprehensive Look at Violent Deaths

NVDRS covers all types of violent deaths—including homicides and suicides—in all settings and for all age groups. NVDRS includes **over 600 unique data elements** that provide valuable context about violent deaths such as relationship problems; mental health problems and treatment; toxicology results; and life stressors, including recent problems with a job, finances, or physical health problems. Extensive information about the incidents, such as weapons used, characteristics of suspects, and locations where they occurred are included. Such data are far more comprehensive than what is available elsewhere.



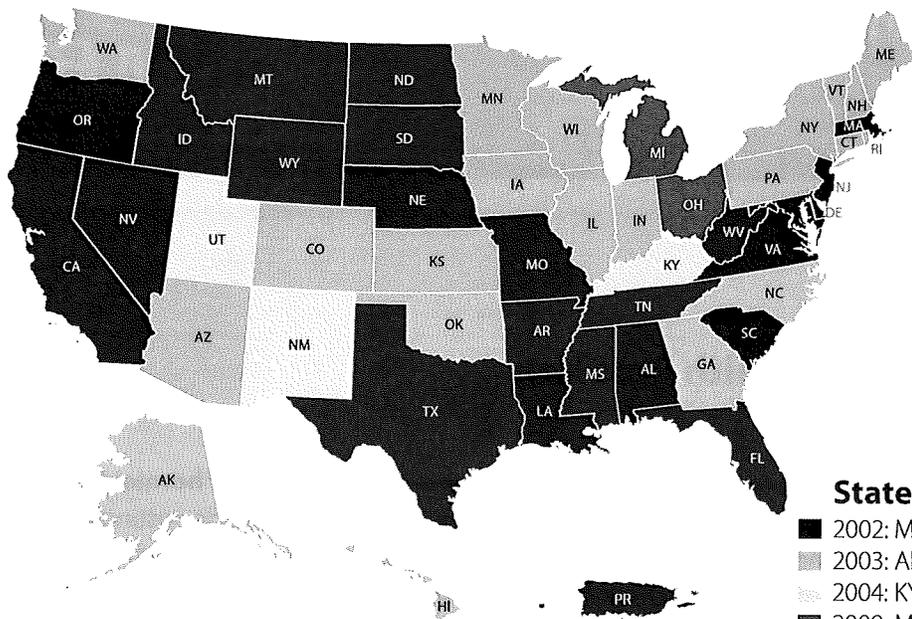
## Linking Data to Get the Whole Story

To help find answers to prevent violent deaths, we need to know the facts. CDC's NVDRS links information about the **"who, when, where, and how"** from data on violent deaths and provides insights about **"why"** they occurred.

Frontline investigators including law enforcement, coroners, and medical examiners collect valuable information about violent deaths. However, these data are seldom combined in a systematic manner to provide a complete picture.

NVDRS provides a clearer understanding of violent deaths. NVDRS is the only state-based surveillance (reporting) system that pools data on violent deaths and their circumstances from multiple sources into one anonymous database. No personally identifiable information is collected.





## The Reach of NVDRS

NVDRS began collecting data on violent deaths from six states in 2002, followed by progressive additions to the system over several years. **In 2018, NVDRS was expanded to include data collection from all 50 states, Puerto Rico, and the District of Columbia.** This expansion brings NVDRS closer to the goal of providing a complete picture of violent deaths across the nation

### States added by year:

- 2002: MA, MD, NJ, OR, SC, VA
- 2003: AK, CO, GA, NC, OK, RI, WI
- 2004: KY, NM, UT
- 2009: MI, OH
- 2014: AZ, CT, HI, IA, IL, IN, KS, ME, MN, NH, NY, PA, VT, WA
- 2016: AL, CA, DE, DC, LA, MO, NE, NV, Puerto Rico, WV
- 2018: AR, FL, ID, MS, MT, ND, SD, TN, TX, WY



## What NVDRS Can Do

- **Inform decision makers** and program planners about the magnitude, trends, and characteristics of violent deaths.
- **Educate your community** about circumstances that contribute to violence in your county, state, or territory.
- **Develop and tailor** violence prevention efforts to maximize benefits.
- **Evaluate the impact** of prevention programs and strategies.



## What Makes NVDRS Unique

Other data systems mainly count deaths and provide basic demographic information. In contrast, NVDRS:

- **Gathers and links** detailed investigative information from several sources, including law enforcement, medical examiners and coroners, toxicology, and death certificates. With this linked information, NVDRS is able to provide a more complete picture of the circumstances that contribute to violent deaths.
- **Helps identify** emerging issues, such as veteran suicide.
- **Combines data about deaths** that occurred during the same violent event to help identify circumstances of multiple homicides or homicides followed by the suicide of the homicide suspect.
- **Collects information** on the suspect and the relationship of the victim to the suspect to better characterize homicides.



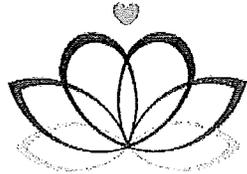
## Accessing NVDRS

CDC's Injury Center distributes information from NVDRS at the state and national level in both summary and topic-specific **reports**.

NVDRS data are stored in an incident-based database. Descriptive data can be accessed free of charge from **Web-Based Injury Statistics Query And Reporting System (WISQARS)**.

**CDC provides technical assistance for NVDRS** in the form of manuals and complementary resources.

For further information on NVDRS, visit <https://www.cdc.gov/violenceprevention/nvdrs>.



GOLDEN AGE MANOR

## Golden Age Manor Budget Priorities

*Prepared 5/31/2019*

- Staffing shortages in the local labor market
    - CNA workforce is shrinking statewide- 27.1% decline in the number of first time registrants to the WI Nurse Aide Registry since 2012.
    - Wisconsin's unemployment rate of 3.1% is nearing historic low levels.
    - 53% of LPNs are age 50 or older while 1 in 3 RNs are planning to retire in the next 4 years.
  - Funding shortfalls in the State Medicaid system.
    - Based on 2 studies, Medicaid was underfunded by between \$307-\$325 million in 2017-2018
    - Golden Age Manor has a 71.9% Medicaid population and loses \$37.63 per resident per day. The state average loss is \$71-\$79 per day.
  - As the aging population increasing our ability to meet the needs of these consumers may be affected by staffing shortages.
    - The 85+ year old population demographic is set to increase by 140% from 2010 to 2040. These individuals most often access the critical care offered in nursing facilities. This demographic change will require more available nursing facility beds, not further reduction in access.
-

Resolution No. 26-19

Resolution Encouraging Wisconsin Counties Association to work with Wisconsin State Legislature to provide for Additional Programs and Funding for Combating and Treatment of Methamphetamine Abuse

TO THE HONORABLE SUPERVISORS OF THE COUNTY BOARD OF THE COUNTY OF POLK:

Ladies and Gentlemen:

WHEREAS, methamphetamine has been and continues to be an epidemic level problem in Polk County and throughout much of the State; and

WHEREAS, methamphetamine can be directly linked to approximately 70% of the out of home placements performed by child protective services in Polk County and the issue affects many other areas of human services activities, creating an unprecedented need for services and demonstrating a pronounced lack of funding; and

WHEREAS, the substantial caseload volume of methamphetamine cases has created an unparalleled burden on personnel and resources in law enforcement and the judicial system; and

WHEREAS, in recent years, methamphetamine has been routinely forgotten when creating new programs or allocating funding for substance abuse at the state and federal level; and

WHEREAS, county resources alone are insufficient to tackle a problem of this scope and magnitude; and

NOW, THEREFORE, BE IT RESOLVED that Polk County calls on the State of Wisconsin to establish grants to increase funding for prevention programs, narcotics enforcement equipment and personnel, special prosecutors, and judicial personnel such as court commissioners.

NOW, THEREFORE, BE IT FURTHER RESOLVED that the State of Wisconsin consider approving additional funding to expand existing programs such as treatment courts funded by Treatment Alternatives and Diversion.

NOW, THEREFORE, BE IT FURTHER RESOLVED that BadgerCare standards be altered to cover substance abuse services in a jail setting and drug screening determined to be more than medically necessary, but recognized as a methamphetamine treatment best practice and supported by evidence based decision making.

41 NOW, THEREFORE, BE IT FURTHER RESOLVED that the Polk County Clerk be directed  
42 to send a copy of this resolution to the Polk County legislative delegation, Governor Tony  
43 Evers, and the Wisconsin Counties Association.  
44

Offered on the \_\_\_ day of \_\_\_\_\_, 2019

BY:

\_\_\_\_\_  
Brad Olson, Supervisor, District #1

\_\_\_\_\_  
James Edgell, Supervisor, District #8

\_\_\_\_\_  
Doug Route, Supervisor, District #2

\_\_\_\_\_  
Klm O'Connell, Supervisor, District #9

\_\_\_\_\_  
Dean Johansen, Chair,  
Supervisor, District #3,

\_\_\_\_\_  
Larry Jepsen, Supervisor, District #10

\_\_\_\_\_  
Chris Nelson, Supervisor, District #4

\_\_\_\_\_  
Jay Luke, 1<sup>st</sup> Vice Chair,  
Supervisor, District #11

\_\_\_\_\_  
Tracy LaBlanc, Supervisor, District #5

\_\_\_\_\_  
Michael Larsen, Supervisor, District #12

\_\_\_\_\_  
Brian Masters, Supervisor, District #6

\_\_\_\_\_  
Russell Arcand, Supervisor, District #13

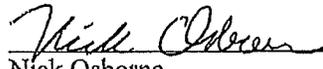
\_\_\_\_\_  
Michael Prichard, Supervisor, District #7

\_\_\_\_\_  
John Bonneprlse, 2<sup>nd</sup> Vice Chair,  
Supervisor, District #14

\_\_\_\_\_  
Joe Demulling, Supervisor, District #15

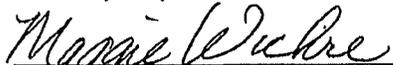
*County Administrator's Note:*

Recommended

  
\_\_\_\_\_  
Nick Osborne  
County Administrator

*Fiscal Impact Note:*

Advisory only. No immediate direct impact.

  
\_\_\_\_\_  
Maggie Wickre, Finance Director

Approved as to Form and Execution:

  
\_\_\_\_\_  
Malia T. Malone, Corporation Counsel

*Legal Impact Note:* No legal impact.

Excerpt of Minutes

45 At its regular business meeting on the \_\_\_\_ of \_\_\_\_\_ 2019, the Polk County Board of  
46 Supervisors acted upon Resolution No. \_\_\_\_-19: Resolution  
47 \_\_\_\_\_  
48 \_\_\_\_\_

- Adopted by a majority of the members present by a vote of \_\_\_\_\_ in favor and \_\_\_\_\_ against.
- Adopted by unanimous voice vote.
- Adopted as amended. See Below.
- Defeated
- Other: \_\_\_\_\_

Insert amendment to resolution according to minutes:

SIGNED BY:

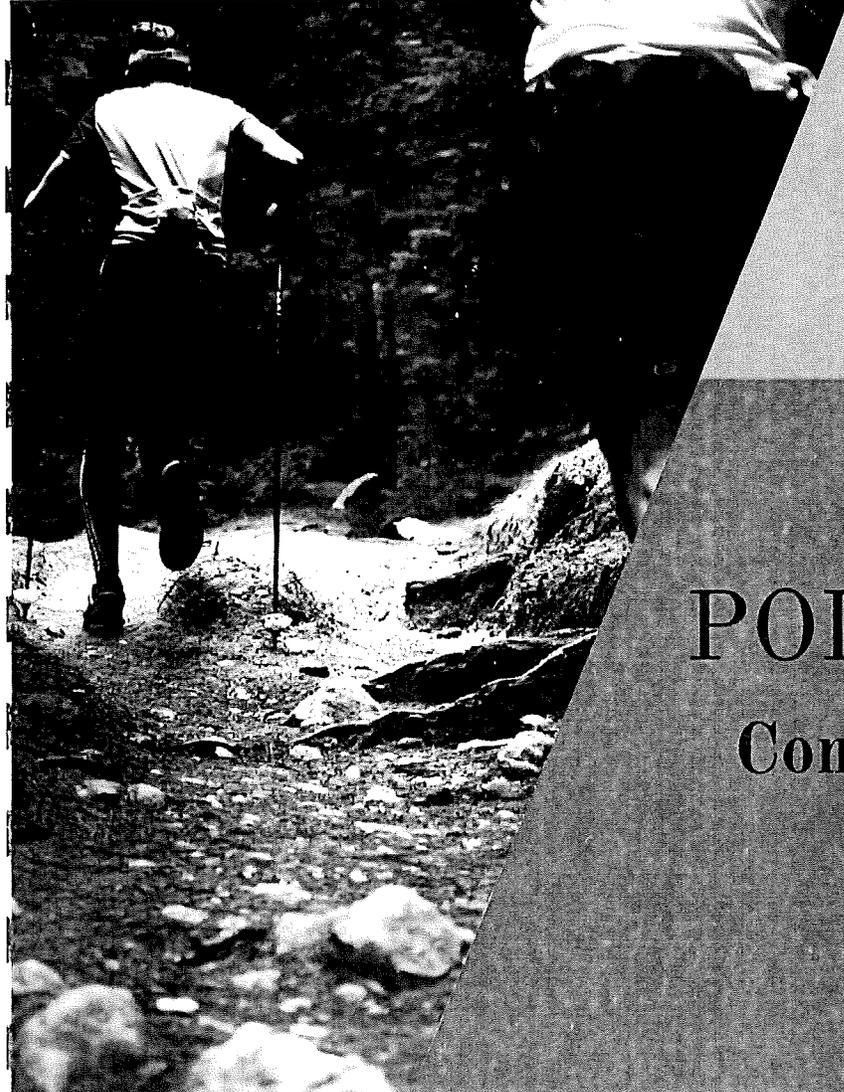
ATTEST:

\_\_\_\_\_  
Dean Johansen, County Board Chairperson

\_\_\_\_\_  
Sharon Jorgenson, County Clerk

### Executive Summary

Polk County and much of Northern Wisconsin has seen a dramatic rise in methamphetamine cases in recent years. This is demonstrated by a correspondingly intense strain on the human services, law enforcement, and judicial system. Local budget resources are insufficient and further State level programming and funding is needed to help address this problem.



2019

POLK COUNTY  
Community Health  
Assessment



# Executive Summary

The 2019 Polk County Community Health Assessment (CHA) is the result of a joint effort by eight key partners who provided oversight to the process, assured collection and compilation of shared data, and engaged residents of Polk County through a series of community meetings and surveys. These eight partners, representing governmental agencies, local medical centers and hospitals, UW-Extension and nonprofit organizations, formed a CHA Leadership Team that worked together to assess the health of Polk County residents.

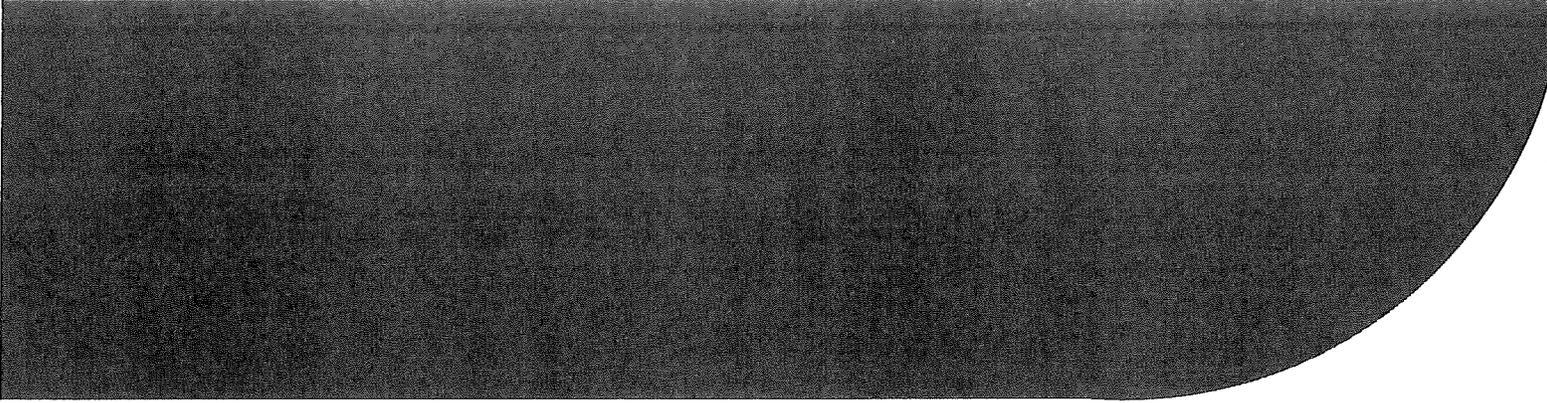
The purpose of a Community Health Assessment is to evaluate and prioritize health concerns in order to empower the community to solve health problems and improve health outcomes. The ultimate goal is for the community to collectively and strategically target evidence based interventions to improve the health of the population. The CHA Leadership Team collected both quantitative and qualitative data to identify the top health priorities in Polk County.

Methods used included a survey, community forums, a key partner meeting and comprehensive collection and review of secondary health data. Data from the community survey and secondary review was presented and discussed at both the community forums and key partner meetings with voting conducted for the top health priorities. Participants identified the top four health priorities in Polk County as:

- **Mental Health**
- **Substance Use**
- **Nutrition and Physical Activity**
- **Access to Care**

# Table of Contents

Executive Summary	1
Acknowledgements	5
Community Profile	7
Introduction	9
Process	14
Data Collection	
Community Survey	17
Survey Outreach	17
Community Forums	18
Key Stakeholder Meeting	20
Secondary Data Collection	22
Limitations	23
Final Prioritization Process	24
Health Needs and Disparities	26
Next Steps	31
Community Assets Inventory	32
Health Focus Summaries	
Mental Health	33
Substance Use and Abuse	34
Nutrition and Physical Activity	35
Access to Care	36
Healthy Growth and Development	37
Tobacco Use and Exposure	38
Injury and Violence Prevention	39
Sexual and Reproductive Health	40
Oral Health	41
Occupational and Environmental Health	42
Appendix I: Polk County Demographics	43
Appendix II: Core Data Set	47
Appendix III: Community Survey	67
Appendix IV: Community Assets Inventory	73



Using the principles of the Wisconsin Way model which has its roots in the County Health Rankings, the Community Tool Box and Healthiest Wisconsin 2020, the CHA Leadership Team will act on the results of the 2019 CHA to spearhead the next phase of the community health improvement process which is the action planning component. Additional partners and community members will be mobilized under the umbrella of Polk United, a community coalition dedicated to health improvement activities. These people will serve on health priority workgroups that will develop action oriented three year plans to address the four health priority areas with the goal of reducing health disparities and improving health for the citizens of Polk County



List of Figures

Figure 1	-----	8
Figure 2	-----	9
Figure 3	-----	11
Figure 4	-----	14
Figure 5	-----	15
Figure 6	-----	25



# Acknowledgements

Community Health Improvement is most successful when there is true collaboration between public and private entities for health improvement activities. The following members of the CHA Leadership team and their organizations committed expertise, agency resources and significant staff time resulting in seamless coordination of public and private sector community health assessment activities.



**Amery Hospital & Clinic**

**Katy Ellefson**  
Community Health Specialist and  
Outpatient Dietician



**OMC**

Osceola Medical Center

**Bob Wolf**  
Community Relations Manager



MENTALHEALTH  
TASK FORCE OF POLK COUNTY

**Tom Brock**  
Executive Director



**Brian Kaczmarek**  
Health Officer/Director



**Elizabeth Hagen**  
Coordinator - Polk United  
Public Health Specialist - Public Health



**ST. CROIX  
REGIONAL  
MEDICAL CENTER**

**Deanna Nelson**  
Director of Community Health and  
Wellness



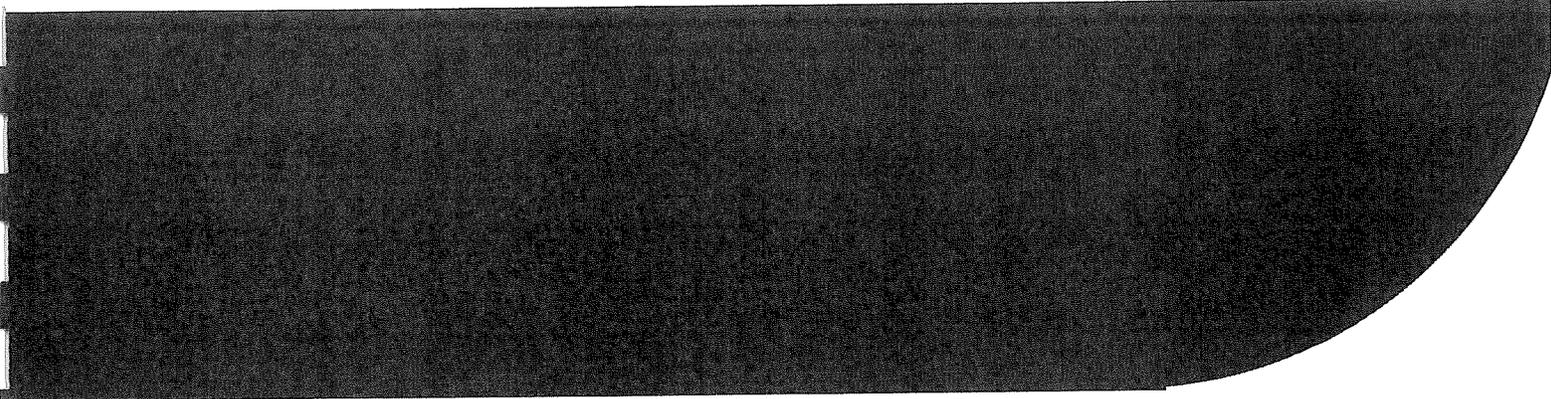
United Way  
St. Croix Valley

**Jessica Neumann**  
Community Impact Director



Extension  
UNIVERSITY OF WISCONSIN-MADISON

**Don Wortham**  
Educator



The collaborative team acknowledges and extends sincere appreciation to the many community members, additional partners and organizations for their contributions to the Polk County CHA process. We are thankful to our partners from Polk County schools, the Family Resource Center, District Attorney's Office and State Senator Patty Schachtner's representative. All provided thoughtful input to the CHA process.

Special thanks is extended to the program participants from the following entities:

- Women's Infants and Children (WIC)
- Prenatal Care Coordination (PNCC)
- Veterans Services
- Economic Support (Medicaid, Foodshare, Childcare)
- Behavioral Health (Mental Health and Substance Use Services)
- Aging, Disability and Resource Center (ADRC)
- Golden Age Manor

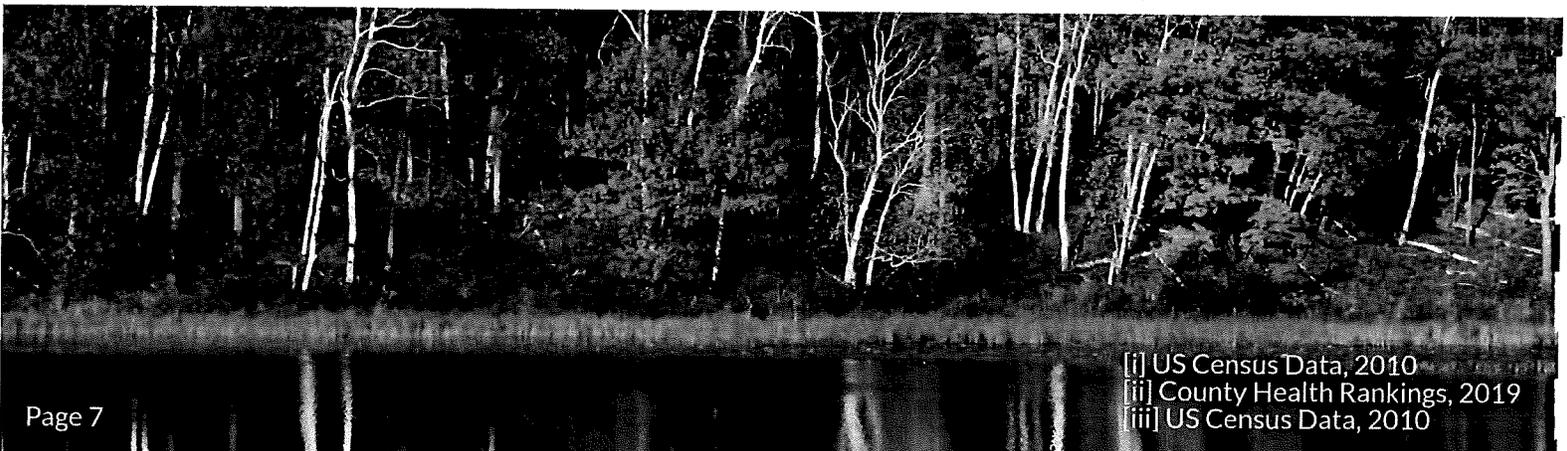
We sincerely appreciate their honest feedback and perspective in the community health assessment process.



# Demographic Profile

Polk County is located in the scenic west central region of Wisconsin, approximately 50 miles northeast of the Minneapolis/St. Paul metro area. Polk is considered a rural county with a land area of nearly 914 square miles and a population density of 48.4 persons per mile compared to 105 persons per mile statewide.[i] It is comprised of 2 small cities (Amery and St. Croix Falls); 10 villages (Balsam Lake, Centuria, Clayton, Clear Lake, Dresser, Frederic, Luck, Milltown, Osceola and Turtle Lake) and 24 townships. The county is bordered by Burnett County to the north, Barron County to the East and St. Croix County to the south. Western Polk county borders the state of Minnesota attracting Polk county residents to jobs in the twin cities and resulting in a commuting way of life for many. Among the 16,943 Polk workers who commute in their car alone, 42% commute more than 30 minutes.[ii]

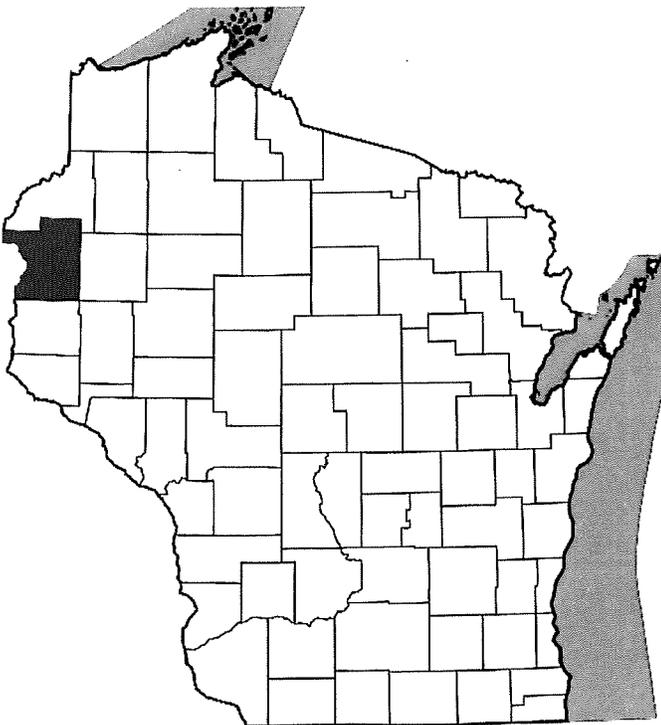
In 2018, the county population was estimated at 43,598 – a 1.4% decrease since the 2010 census. This is in contrast to a population growth of 7% between the 2000 and 2010 census. The median income for Polk County households is \$53,551. Age distribution in the past 3 years has remained static with the largest percentage (28.6%) aligned with the 18-44 age group. Polk has a higher percentage of citizens age 65 and older (18.4%) than statewide (15.2%). Polk's population ethnicity is primarily white at 96.3% and American Indian at one percent. Data shows that 93.1% of persons aged 25+ received a high school diploma, and 23% of residents over age 25 years attained some college education. [iii] Additional demographic data can be found in Appendix I.



## POLK COUNTY KEY DEMOGRAPHICS AT A GLANCE

Total Population	43,598
Percent of county considered rural	85.5%
Median household Income	\$53,551
Median monthly mortgage cost	\$1,323
Median gross rent costs per month	\$740
Median age in years	44.5
Children living in poverty	13%
Population living in poverty	9.9%
Age 0-64 with no health insurance	7.3%
2017 unemployment rate	3.1%
Disabled population – all ages	12.6%
Households with broadband internet subscription	72.2%

Figure 1 (U.S Census Data) iv



# Introduction

## Importance of Community Health Assessments

Health Departments have a long-standing statutory responsibility to conduct periodic community health needs assessments to assess the health priorities of citizens in their jurisdictions. Hospitals also have tax exemption obligations under the Internal Revenue Code relevant to community health needs assessments and setting strategic and operational plans designed to improve health needs for the communities they serve. By leveraging resources for community health assessment activities, partnerships between government and other sectors can minimize duplication of effort with CHA results assisting all organizations in improving quality primary prevention and other health related services to the populations served.

In assessing a community's health, it is important not only to look at disease and injury incidence, but to also carefully consider the factors that lead to poor health outcomes.

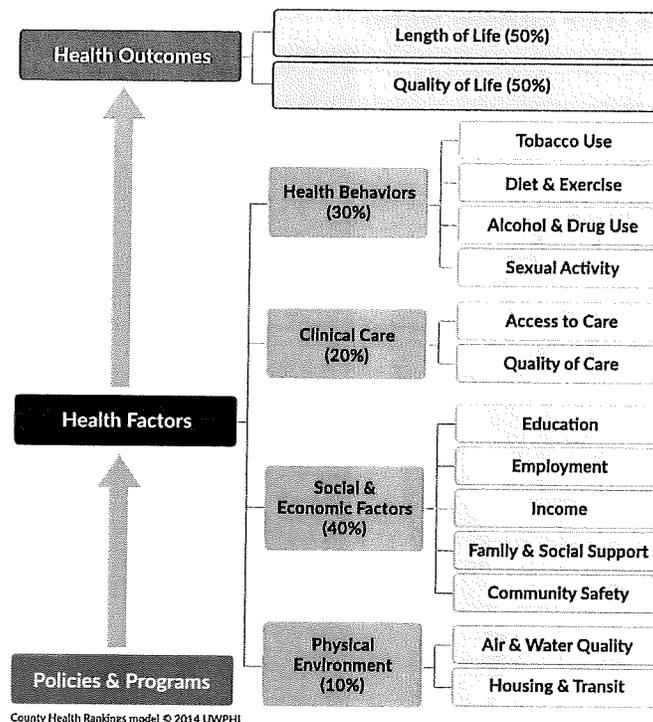


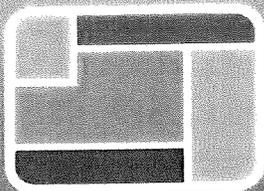
Figure 2 - County Health Rankings Model

This approach helps people to focus on prevention strategies to identify the greatest opportunities to improve health. Often people believe that individual health behaviors (an action taken by an individual or group of individuals to change or maintain their health status or prevent illness or injury) and quality health care are the primary factors that shape health, but two other major influences play very important roles – the social and economic factors and the physical environment. This community health needs assessment examines all of these factors.

The County Health Rankings Model, shown in Figure 3, was created by University of Wisconsin (UW) Population Health Institute to show the many factors that influence the health of the whole population. These factors include:

- health behaviors (actions individuals take that affect their health)
- clinical care (access to affordable, quality, and timely health care)
- social and economic factors (income, education, employment, community safety, and social supports)
- the physical environment (where individuals live, learn, work, and play)

Annually, UW Population Health Institute provides every county in the nation with a “ranking” score for each of the 4 categories of health factors as well as an overall health factors and health outcomes score. Health outcomes represent how healthy counties are within the state. The healthiest county in the state is ranked #1. The ranks are based on two types of measures: how long people live and how healthy people feel while alive. The following table shows Polk’s rankings out of 72 counties in Wisconsin for the past 3 years.



**County Health  
Rankings & Roadmaps**  
A Healthier Nation, County by County

# Introduction Continued

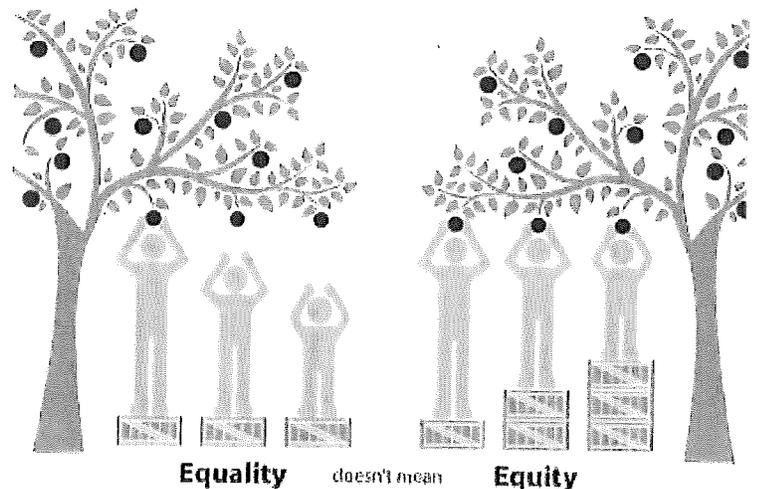
Figure 3 - County Health Rankings for Polk County, Wisconsin 2017-2019

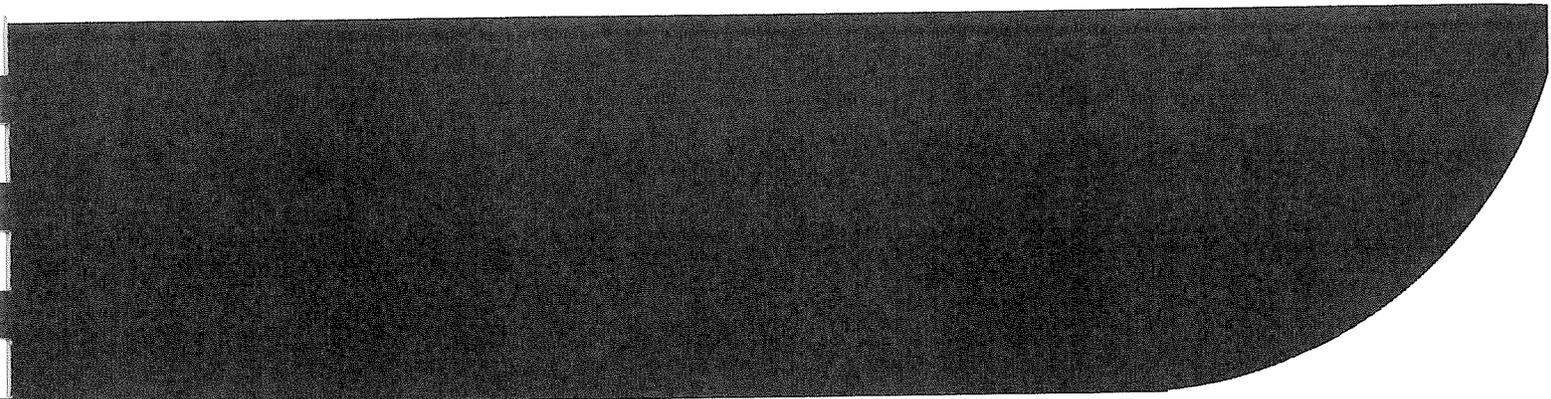
	2017	2018	2019
Health Outcomes	28	39	34
Length of Life	44	53	43
Quality of Life	9	11	12
Health Factors	28	29	26
Health Behaviors	19	24	23
Clinical Care	43	37	38
Social & Economic Factors	29	32	36
Physical Environment	46	50	29

Polk County data for the rankings has remained relatively constant throughout the past 3 years. Slight variations in rankings have occurred primarily due to changes or additions in data elements considered for health factors, particularly in the physical environment category. The Rankings data, along with data from a wide variety of sources is considered when identifying and prioritizing health focus areas and in subsequent work to create a community health improvement plan.

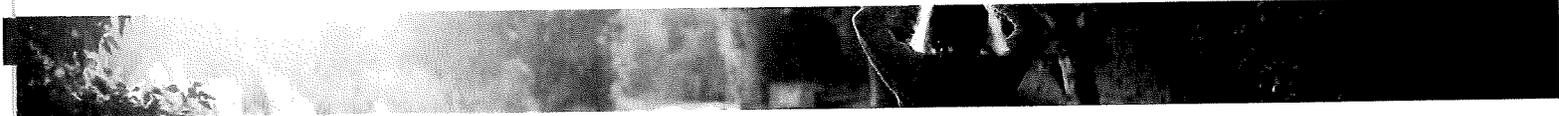
## Health Equity

Health equity means that everyone has a fair and just opportunity to be as healthy as possible. Health inequities arise from disparities or differences in health between groups as a result of varying social, economic, environmental, geographic, and political conditions, also known as the social determinants of health.





This requires removing obstacles to health such as poverty and discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care. Health disparities are differences in health or in the key determinants of health such as education, safe housing, and discrimination, which adversely affect marginalized or excluded groups. Health equity and health disparities are closely related to each other. Health equity is the ethical and human rights principle or value that motivates us to eliminate health disparities. Reducing and ultimately eliminating disparities in health and its determinants of health is how we measure progress toward health equity.[i] The data in this report offer a starting point to identify potential health disparities between groups, and consider the need for additional community engagement with residents to better understand and address health inequities.



### **Background of Collaborative**

Eight organizations including Polk County Health Department, Polk United, Amery Regional Medical Center, Osceola Medical Center, St. Croix Regional Medical Center, UW-Extension, United Way of St. Croix Valley and the Mental Health Task Force of Polk County teamed together in late 2018 to begin the process of conducting a new Community Health Needs Assessment. These organizations know each other well and have a strong history of working together on previous CHAs (latest one completed in 2016) as well as on other community health related grants and projects. This group is known as the CHA Leadership Team and has primary oversight of the CHA process. PCHD acted as the lead agency and facilitated the coordinated effort between all the partner organizations.

[i] Braveman P, Arkin E, Orleans T, Proctor D, and Plough A. What is Health Equity? And What Difference Does a Definition Make? Robert Wood Johnson Foundation. May 2017

# Introduction Continued

In this role, the Health Department convened the partners, facilitated the leadership team meetings, compiled and analyzed primary and secondary data, and assured that ongoing and transparent communication was maintained throughout the process. CHA Leadership Team partners contributed meeting space for community forums, media promotional materials, health data, survey distribution assistance and in-kind staff support.



# Process

The CHA Leadership Team met weekly in November and December of 2018 to conduct CHA activities including identification of the process to be used, construction of the timeline for activities, development of the community survey and identifying secondary data sources for review. Meetings were in person with follow up communication in-between sessions via phone and email correspondence. In 2019, the team met twice a month through March to review survey results, agenda plan for the community forums and a key stakeholder meeting, and to evaluate the results of those meetings. Figure 4 outlines the CHA timeline.

November and December, 2018	CHA Leadership Team Convenes Weekly to Plan CHA and Review Secondary Data
December 2018 through February, 2019	Community Survey Distributed
January through March, 2019	CHA Leadership Team Meets bi-monthly to Review Survey Results, Aggregate and Assess Data, Plan Community Forums and Key Stakeholder Meeting and to Evaluate Survey and Meeting Results
February and March, 2019	Community Forums and Key Stakeholder Meeting Held; Health Priorities Selected
April through May, 2019	CHA Report Drafted, Partner Feedback Obtained
June, 2019	CHA Report Completed and Distributed to Media and Partners; CHIP Process Begins

The partnership aligned their work with the Wisconsin Way<sup>[i]</sup> model which is based on the County Health Rankings and Roadmaps, Community Toolbox and Healthiest Wisconsin 2020 – the state health plan. The County Health Rankings and Roadmaps “Take Action Model” (FIGURE 5) was used to guide the CHA process. This model outlines the steps needed for the community health improvement process including a continuous cycle of assessing needs and resources of the county, focusing on what’s important, developing action plans with effective programs and evaluating the efforts – all steps based on the foundation of collaboration and communication.

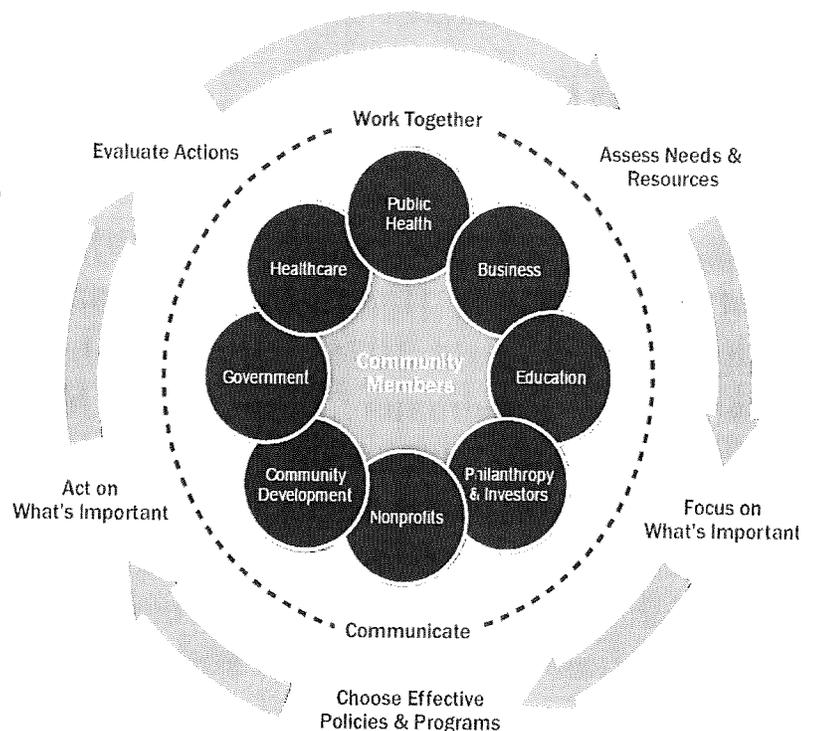
[i] [https://factfinder.census.gov/faces/nav/jsf/pages/community\\_facts.xhtml](https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml)

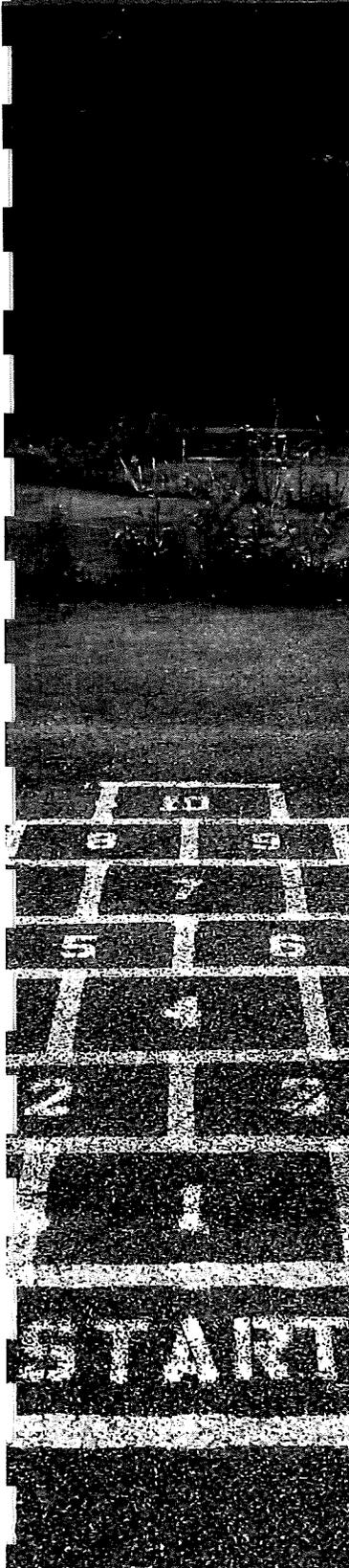
# Process Continued

Community health priorities were determined during the CHA process through data analysis and evaluation of the 12 health focus areas based on the Wisconsin Department of Health Services health plan (Healthiest Wisconsin 2020). These health focus areas included:

- *Alcohol and Other Drug Use*
- *Communicable Disease Prevention and Control*
- *Chronic Disease Prevention and Management*
- *Environmental and Occupational Health*
- *Healthy Growth and Development*
- *Injury and Violence*
- *Mental Health*
- *Oral Health*
- *Physical Activity*
- *Reproductive and Sexual Health*
- *Tobacco Use and Exposure*
- *Adequate, Appropriate and Safe Food and Nutrition*

In addition, data relating to the State Health Plan Infrastructure Health Focus Area – Access to High Quality Health Services – was also examined. After review of comprehensive secondary data and in consideration of the need for simplification of presentation to partners and the public, the CHA Leadership Team decided to combine several Healthiest Wisconsin health focus areas and pare down to 10 key health focus areas supported by data:





Chronic Disease Prevention and Management and Physical Activity was paired with Adequate, Appropriate and Safe Food and Nutrition to create a health focus area of Nutrition and Physical Activity, Communicable Disease was included as a subset of Reproductive and Sexual Health and Healthy Growth and Development and Access to Care was added.

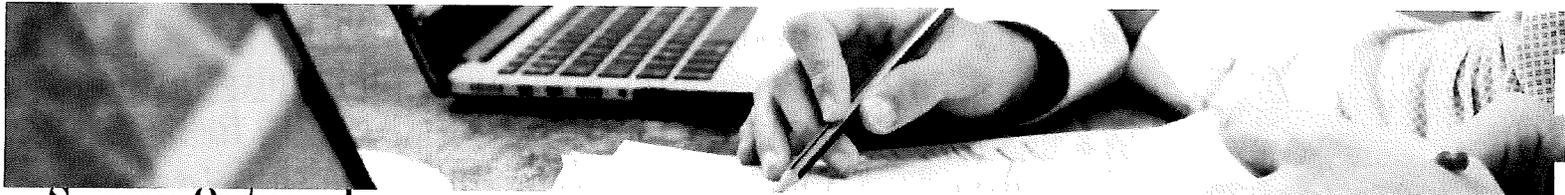
The CHA process included a variety of data collection methods to assure inclusion of various demographic groups in the community and to develop a thorough understanding of health issues facing Polk County. These methods included primary data collection through an online and hardcopy community health survey; survey outreach with underrepresented demographics groups, community forums and a key stakeholder meeting to prioritize health focus areas. Secondary, quantitative community health data was collected based on the measures recommended in the Wisconsin Association of Local Health Departments and Boards (WALHDAB) core dataset and the State Health Plan.

The CHA process culminates in development and publication of a written report that is publicized in the media and widely distributed to partners and community members. This report serves as a kick off efforts to develop a Community Health Improvement Plan (CHIP) which sets forth an action plan to address the health priorities identified in the CHA process.

# Data Collection Methodology

## Community Survey

Partners distributed the community health survey to residents throughout Polk County from mid December 2018 to mid-February 2019. (Appendix III) The objective of the survey was to better understand the community's perception of the top health concerns in the county. The survey was hosted by the same online development tool, Survey Monkey, as in 2015 to compare survey results. Questions were added for the 2019 version to assess the respondents thoughts on the social determinants of health. The link to the online survey was widely distributed through the networks of each of the partner organizations. The survey launch was announced by a press release and was repeatedly advertised in local newspapers, social media, partner websites and flyers posted throughout the county.



## Survey Outreach

Hard copies of the survey were available in medical center and government center waiting rooms with reception staff encouraging completion. Special effort was made to ensure the survey was available to underrepresented groups who can be at the highest risk of suffering from health disparities. These groups included WIC, Prenatal Care Coordination (PNCC), Economic Support and Behavioral Health program participants from Polk County, veterans seeking services from the county Veterans Services Office and seniors accessing services at the Aging and Disability Resource Center (ADRC). Flyers were left in local village laundromats, food pantries, and grocery stores with information on how to access the online survey. School superintendents were sent links to the survey and encouraged to forward to school staff and to include in their respective school newsletters. The county local pastor group was also outreached and provided links to the online survey.

A total of 907 Polk County residents completed the survey. This was a 31% increase in the response rate over the 2016 Community Survey. Survey respondents represented a wide range of county residents, including a variety of income and educational levels, age, and household size. Other than gender (a disproportionately high percentage of females completed the survey), the demographics of the survey respondents overall aligned with those of Polk County as a whole.

**Community Survey Respondents identified the top four health priorities as:**

- Substance Use and Abuse
- Mental Health
- Nutrition and Physical Activity
- Injury and Violence

**They selected the top 3 social determinants of health as:**

- Economic Stability
- Neighborhood and Built Environment
- Health and Health Care

### **Community Forums**

Five community forums were convened in the county with 72 persons attending. These forums were held at the local medical centers/hospitals in Amery (2 sessions), Osceola and St. Croix Falls. Although these forums were widely advertised and promoted for the public, 75% of attendees were medical center staff and 25% were the general public. One forum was also held at the government center in Balsam Lake. The format of the forums included a presentation lead by the Health Officer and Polk United Coordinator on the community survey data and secondary data review related to the ten health focus areas.



# Data Collection Methodology Continued

In addition, information was provided on the social determinants of health including economic stability, neighborhood and built environment, health and health care, social and community context and education. Community survey ranking results on the determinants was included in the packet of data summary sheets for each health focus area which accompanied the presentation. These facilitated group discussions allowed the public to analyze data from multiple and diverse sources. Participants were able to develop a more complete understanding of health by considering both the community perception of health as well as the secondary data collected by local and national agencies.

Data was presented orally and via simple, concise and graphically enhanced fact sheets to aid in thorough understanding of the data sources during group discussion. Participants were encouraged to offer their unique perspective about the health issues facing Polk County residents. A portion of the meeting was dedicated to voting on the top health priorities as well as the top social determinants of health influencing health outcomes in Polk County. Participants were instructed to consider the data presented and group discussion and vote based on three factors:

- Size of the problem or the number of people potentially or actually affected by the health focus area
- Seriousness and impact a health focus area has on disability, premature death, social burdens or health care costs
- Readiness and capacity of the community to address actions around the health focus area

Overall the voting across the different locations resulted in the identification of the same top four health priorities as in the community survey but in different order of importance.

**The top four health priorities identified during the Community Forums in Polk County were:**

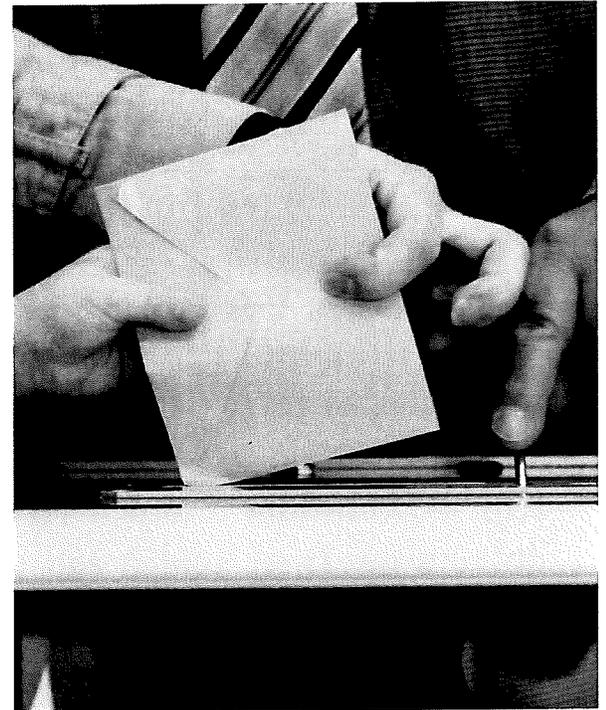
- **Mental Health**
- **Substance Use and Abuse**
- **Nutrition and Physical Activity**
- **Access to Care.**

**The top 3 Social Determinants of Health were identified as:**

- **economic stability**
- **education**
- **social and community context.**

### **Key Stakeholder Meeting**

Following the community forums, a key stakeholder meeting was held. Twenty (20) people representing county Law Enforcement, Mental Health Task Force, District Attorney's Office, State Representative 10th Senate District, UW-Extension, Amery Hospital and Clinic, Osceola Medical Center, ADRC, St. Croix Regional Medical Center, Family Resource Center and Health Department staff were in attendance.



# Data Collection Methodology Continued

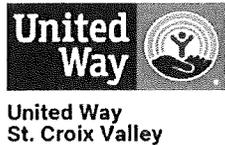
The same format utilized at the Community Forums was implemented at the key stakeholder meeting. Community survey results along with secondary data review related to the 10 health focus areas were presented. Attendees had opportunity via a facilitated discussion to provide further input and perspectives on the data and focus areas. Voting ensued for Polk's top health priorities and most influential social determinants of health.

**The four selected top health priorities were:**

- **Mental Health**
- **Substance Use and Abuse**
- **Nutrition and Physical Activity**
- **Access to Care.**

**Key stakeholders identified their top 3 social determinants of health as:**

- **Economic Stability**
- **Neighborhood and Built Environment**
- **Education.**



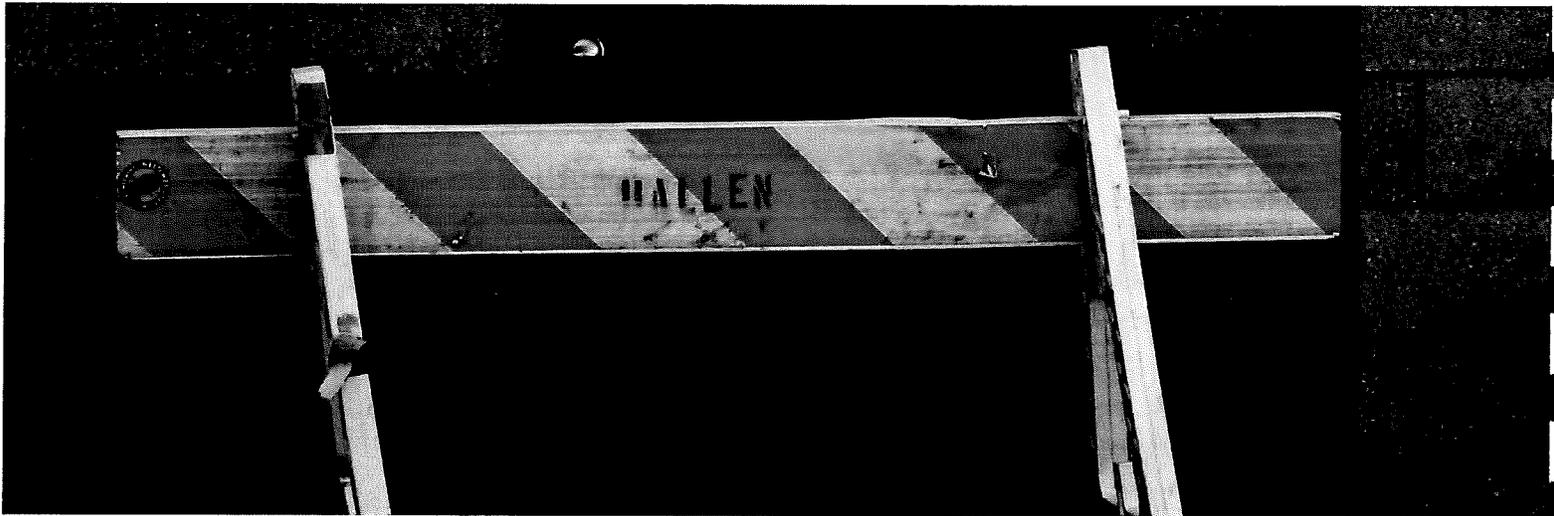
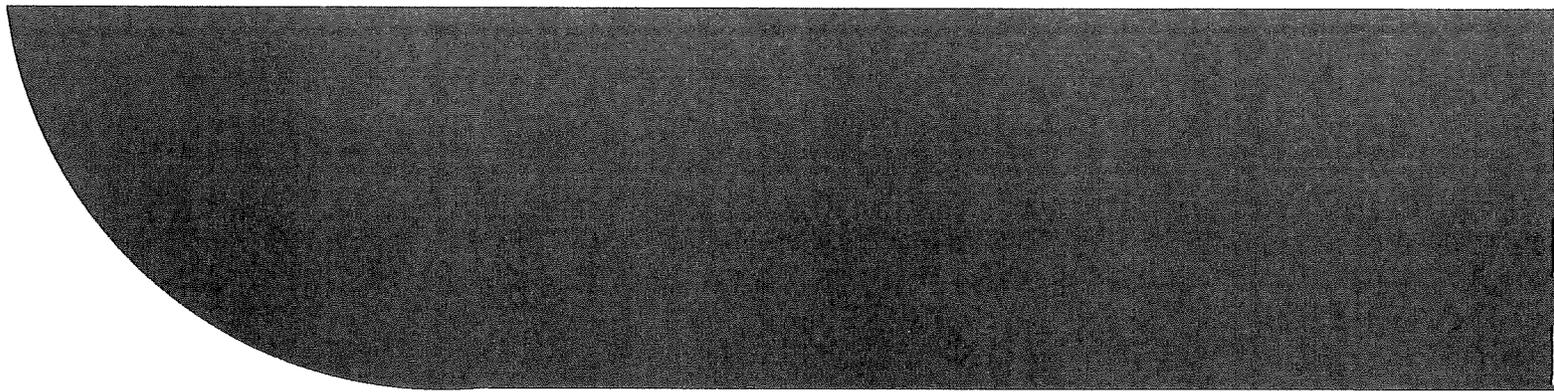
2018 Polk County Community Health Assessment

How's the health of Polk County? We'd like to know.

A group of local medical centers and public health agencies, along with UW-Extension and United Way St. Croix Valley, are conducting a survey to determine the most important health needs in Polk County. The information provided will be used to help us understand and improve the health of Polk County residents. Your participation is voluntary and will not affect your health care in any way. All responses are completely confidential.

## Secondary Data Review

After the community survey was distributed and in process, local quantitative health data was compiled from a variety of data sources based on the measures recommended by Wisconsin Association of Local Health Departments and Boards. Data sources included County Health Rankings, US Census, government reports, Behavioral Risk Factor Surveillance System, Youth Risk Behavior Surveillance System, Health Department reports, Centers for Disease Control and Prevention, Wisconsin Department of Health Services Statistics, schools and other publicly available sources. County specific data was compared to state, national rates, and Healthy People 2020 target rates when available. The data points are summarized in the Health Focus Area Summaries section of this report. The full core data set is presented in Appendix II.



## **Limitations of Data**

Although this assessment reflects the most recent and best available health information for Polk County, there are important limitations to note. They include:

- There can be a long lag time between data reporting and availability (i.e., the timeliness of data)
- Small numbers can make comparisons difficult
- Health information is generally not available for jurisdictions smaller than counties (e.g., individual communities within Polk County)
- There is inadequate data for some topic areas
- There are jurisdictional challenges within data collection systems (e.g., reporting issues across county and state lines)
- There were several health focus areas that had limited data specific for Polk County. With less data to consider for these health focus areas, attendees at the community forums and stakeholder meetings could have a bias towards selecting health priorities with more information available on which to base their rankings

# Final Prioritization Process

Following the community survey, community forum and key stakeholder meeting, the CHA Leadership Team met to review the voting results of the health focus areas and social determinants of health at these event.

The voting results were similar in all venues with a clear delineation between the top 4 health focus areas. Ranking scores were averaged to identify Mental Health, Substance Use and Misuse, Chronic Disease (Nutrition and Physical Activity) and Access to Care as the top four health priorities for Polk county for the next 3 year cycle. The Leadership Team decided to incorporate access to care issues within each of the top 3 focus areas to conserve community capacity during the CHIP action phase.

Social Determinant rankings were consistent with Economic Stability selected as the main influence of health. Neighborhood/ Built Environment came in second and Education third. With a satellite location of the Wisconsin Indianhead Technical Institute (WITC) coming to the county seat of Balsam Lake in the 2019-20 school year, the CHA Leadership Team believed the community could create a new partnership and realize significant impact on Education, thus the final prioritization process moved Education to second place in the SDOH rankings. Figure 6 shows the ranking results that occurred at the community forums, stakeholder meeting and via the community survey. The average ranking is displayed along with the final prioritization of the focus areas and social determinants of health factors.

**Figure 6 : Polk County 2019 CHA Rankings and Prioritization of Health Focus Areas and SDOH Factors**

<b>Health Focus Areas</b>	<b>Forums</b>	<b>Stakeholder</b>	<b>Com Survey</b>	<b>Average Ranking</b>	<b>Final Prioritization</b>
Substance Use and Abuse	2	2	1	1.67	2
Mental Health	1	1	2	1.33	1
Nutrition & Physical Activity	4	3	3	3.33	3
Injury and Violence	6	5	4	5.00	7
Tobacco Use and Exposure	7	T-6	5	4.00	6
Environmental/Occupational Health	10	T-6	6	5.33	10
Oral Health	9	T-6	7	5.33	9
Access to Care	3	4	8	5.00	4
Sexual & Reproductive Health	8	T-6	9	5.67	8
Healthy Growth & Development	5	T-6	10	5.00	5
<b>SDOH</b>					
Economic Stability	1	1	1	1.00	1
Neighborhood and Built Environment	4	2	2	2.67	3
Health and Health Care	5	5	3	4.33	5
Social and Community Context	3	4	4	3.67	4
Education	2	3	5	3.33	2

### Top 4 Health Focus Areas

1. Mental Health
2. Substance Use and Abuse
3. Nutrition and Physical Activity
4. Access to Care

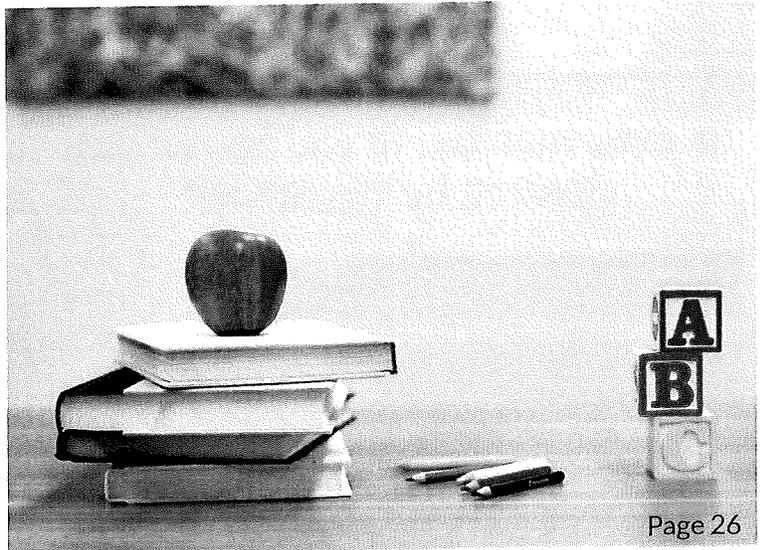
### Top 3 Social Determinants of Health

1. Economic Stability
2. Education
3. Neighborhood and Built Environment

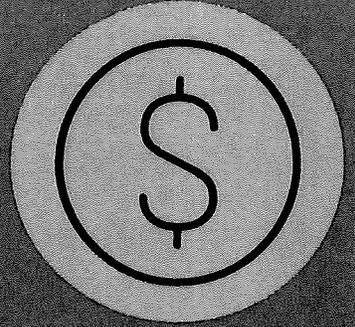
# Health Needs and Disparities

It is well documented in the literature that the social determinants of health impact how healthy a population is. The County Health Ranking model estimates that social and economic factors such as income, education, employment, family and social support and community safety contribute 40% to a person's overall health. People with low income, less than high school education and living in unsafe neighborhoods have poorer health than those with higher incomes, greater than a high school education and having a home in a safe neighborhood. These disparities are often a call to action for communities to address through mobilization of resources to target health improvement efforts.

The 2019 Polk County community survey results aligned closely with the literature when income and education were considered for health related questions. Respondents with incomes less than \$25,000 per year reported poorer health, less exercise, fewer servings of fruits and vegetables per day, less insurance coverage and feeling sad or depressed more frequently than those respondents with income above \$25,000 per year. The survey results were similar for these same questions for those respondents reporting education of high school or less. Below is community survey data highlighting differences in health due to income and education.



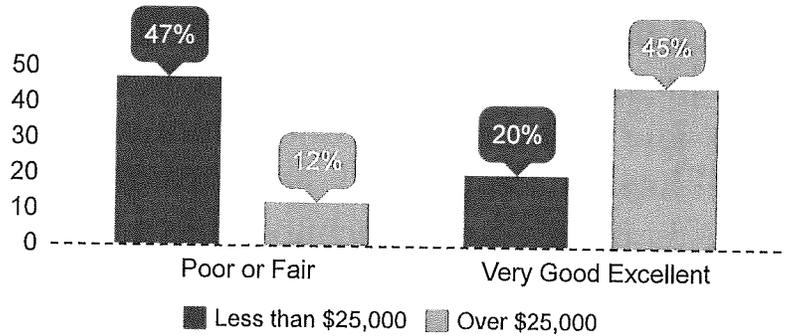
# Health Disparity Data Analysis



Survey results were compared based on those that indicated their income was under \$25,000 to those that had an income over \$25,000.



## How would you describe your health?



## On average how many days per week do you exercise 30 minutes or more?

*Percent of survey respondents that indicated 1 day or less*

Income less than \$25,000: 55.9%

Income above \$25,000: 36.5%

*Percent of survey respondents that indicated 3 days or more*

Income less than \$25,000: 32.4%

Income above \$25,000: 43.5%



## On average how many servings of fruits and vegetables do you eat?

*Percent of survey respondents that indicated 1 serving or less*

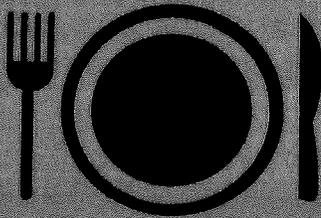
Income less than \$25,000: 41.1%

Income above \$25,000: 28.3%

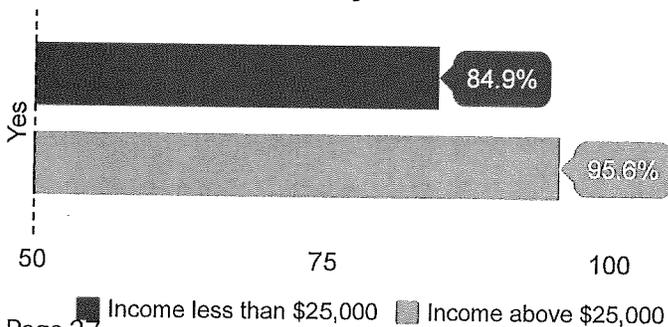
*Percent of survey respondents that indicated 3 servings or more*

Income less than \$25,000: 25%

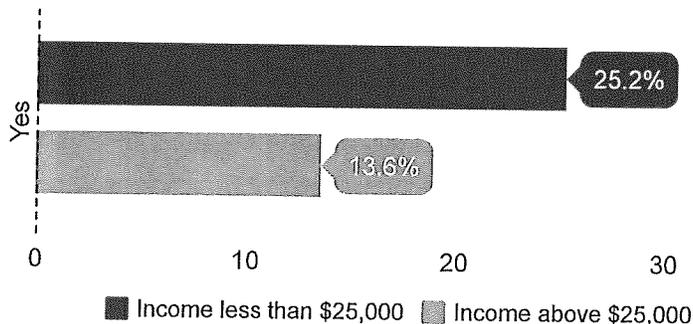
Income above \$25,000: 39.1%



## Is every member of your household covered by insurance?



## In the last 12 months have you not taken a prescription because it cost too much?



### In the last two weeks how many days have you felt sad or depressed?

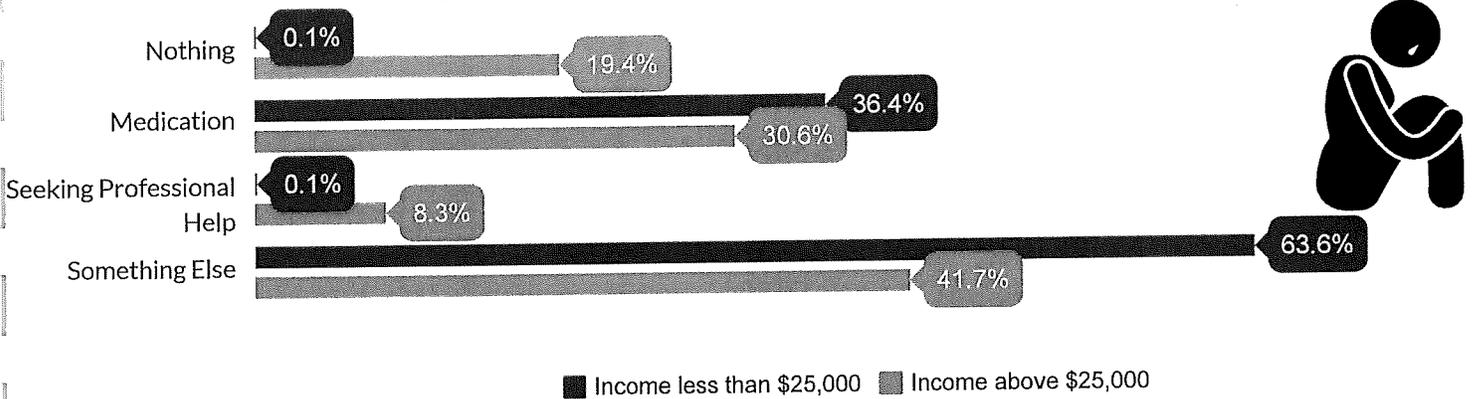
Percent of survey respondents that indicated 1 day or less

Income less than \$25,000: 43.8%  
Income above \$25,000: 66.8%

Percent of survey respondents that indicated 3 days or more

Income less than \$25,000: 44.6%  
Income above \$25,000: 19.6%

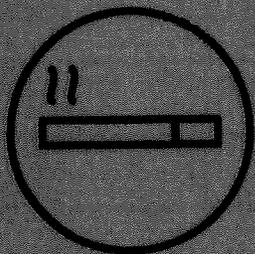
### What are you doing to address your sad or depressed feelings?



### Do you smoke?

Percent of survey respondents that indicated yes

Income less than \$25,000: 28.7%  
Income above \$25,000: 9.8%

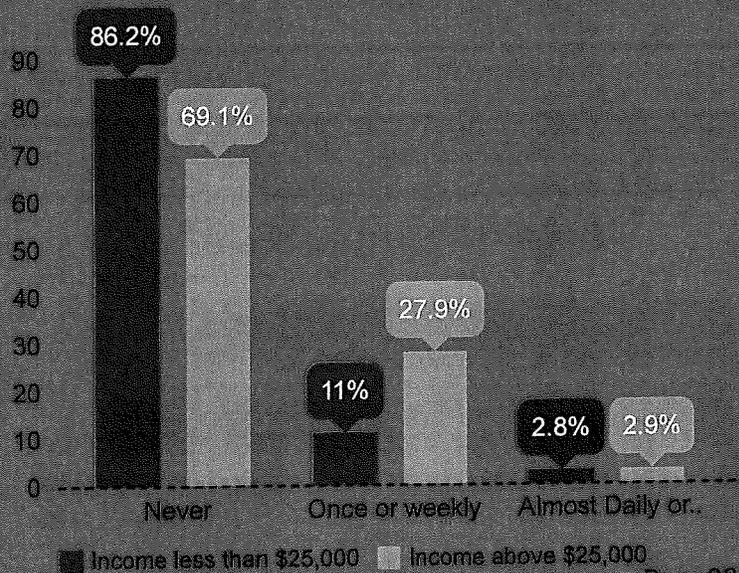


### Have you or your family been negatively impacted by Meth use?

Percent of survey respondents that indicated yes

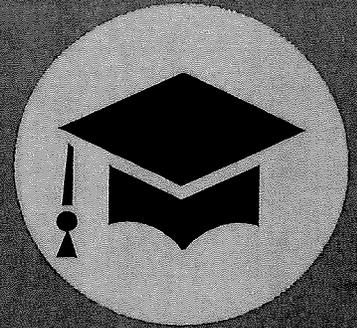
Income less than \$25,000: 20.7%  
Income above \$25,000: 14.4%

### Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks in one sitting (Male) and 4 or More (Female)?

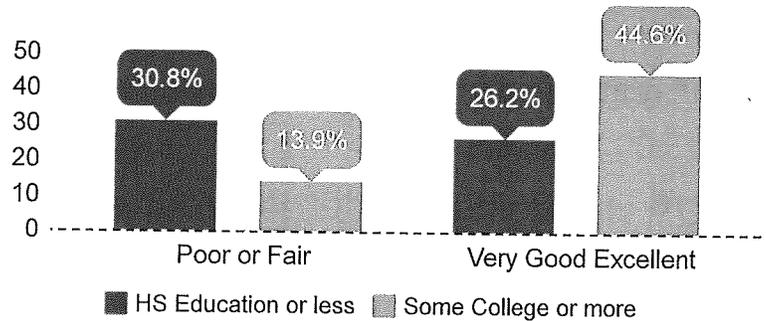


# Health Disparity Data Analysis

Survey results were compared based on those that indicated they had a High School education or less to those that had some college or more.



## How would you describe your health?



## On average how many days per week do you exercise 30 minutes or more?

*Percent of survey respondents that indicated 1 day or less*

High School Education or Less: 51.2%

Some College or More: 35.8%

*Percent of survey respondents that indicated 3 days or more*

High School Education or Less: 33.5%

Some College or More: 44.2%



## On average how many servings of fruits and vegetables do you eat?

*Percent of survey respondents that indicated 1 serving or less*

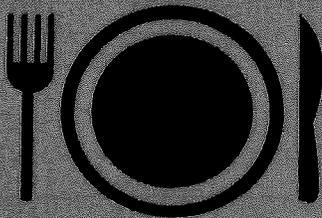
High School Education or Less: 46.5%

Some College or More: 25.6%

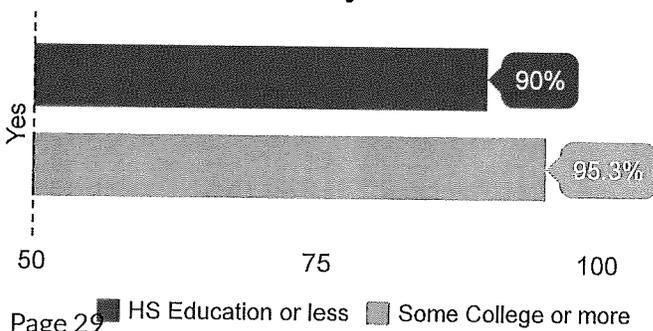
*Percent of survey respondents that indicated 3 servings or more*

High School Education or Less: 21.2%

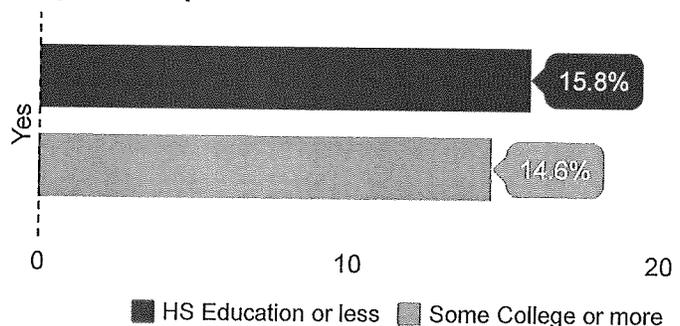
Some College or More: 42.1%



## Is every member of your household covered by insurance?



## In the last 12 months have you not taken a prescription because it cost too much?



### In the last two weeks how many days have you felt sad or depressed?

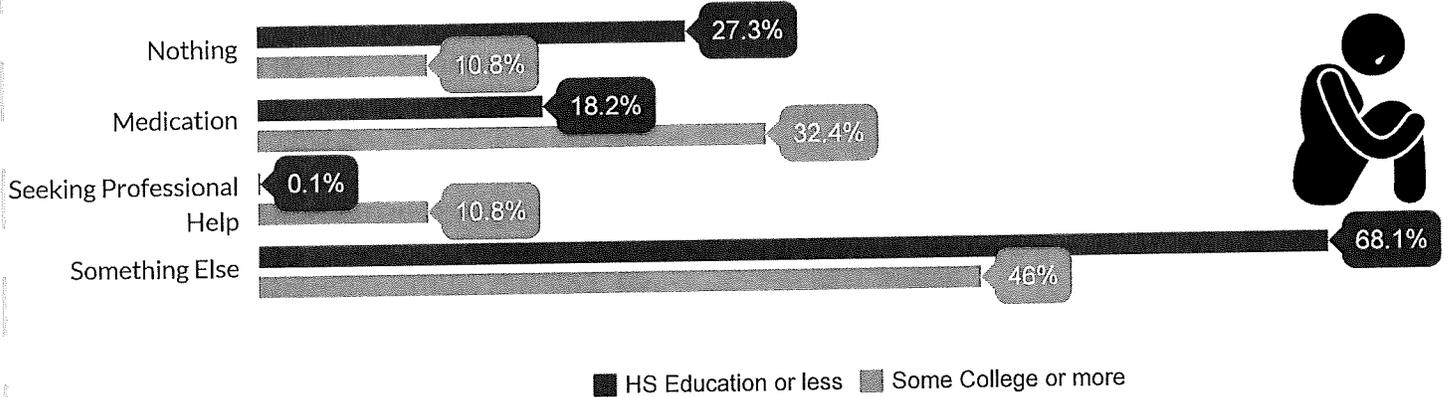
Percent of survey respondents that indicated 1 day or less

High School Education or Less: 57.7%  
Some College or More: 65.9%

Percent of survey respondents that indicated 3 days or more

High School Education or Less: 27.1%  
Some College or More: 21%

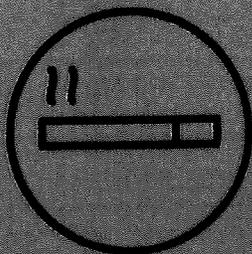
### What are you doing to address your sad or depressed feelings?



### Do you smoke?

Percent of survey respondents that indicated yes

High School Education or Less: 24.5%  
Some College or More: 9.2%

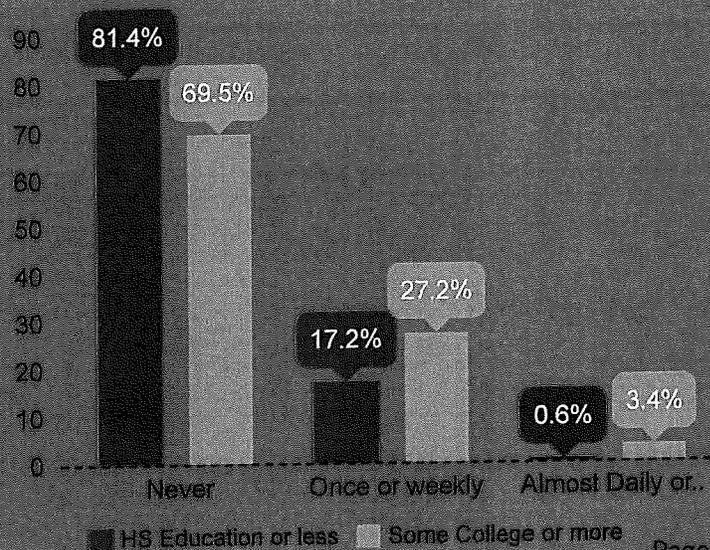


### Have you or your family been negatively impacted by Meth use?

Percent of survey respondents that indicated yes

High School Education or Less: 18.1%  
Some College or More: 14.3%

### Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks in one sitting (Male) and 4 or More (Female)?



## Next Steps

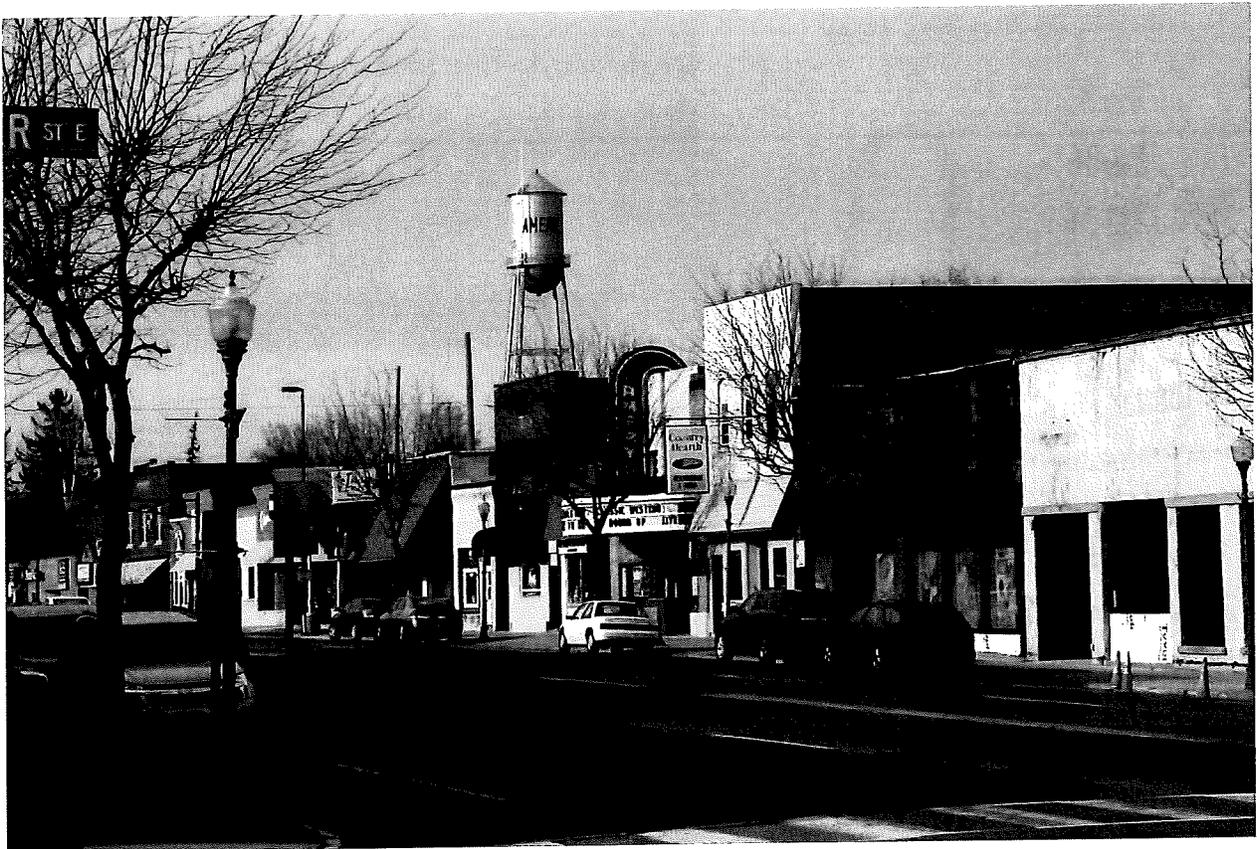
The CHA final report will be publicized via a press conference with promotional materials prepared in advance. The CHA Leadership team will be present to field questions from the media. The report will be made available to the public via health department and partner organizations websites as well as through individualized email correspondence. Print copies will be distributed to key stakeholders. It is anticipated that organizations will use the data highlighted in this report for grant applications, collaborative health improvement projects and for educational purposes.

The action planning phase of the community health improvement planning process will begin mid-summer, 2019 and culminate by year end. Polk United, the umbrella organization that provides structure to the CHIP process, will elicit community and key organization representatives to join health focus area workgroups to address action planning for the top 3 health priorities. These workgroups are already in place from the previous CHIP cycle, but require additional team members to replace members no longer able to serve as well as to increase the diversity of workgroup participants.



# Community Asset Inventory

An environmental scan was conducted to assess the most up to date listing of community assets that are relevant to the top health focus areas in Polk County. Several health and human service organizations keep resource directories to be used for information and referral purposes. These directories were reviewed and cross checked with partner organizations and key stakeholders and subsequently updated with the most current information. The new community assets inventory can be found in Appendix IV.





# Mental Health

Mental health refers to our emotional, psychological and social well-being, and how it relates to our ability to cope with the normal stresses of life. Poor mental health (aka mental illness) manifests itself in poor quality of life, higher rates of chronic disease, and shorter lifespan.

HEALTH  
PRIORITY

#1

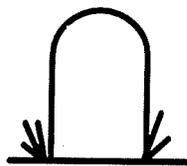
Polk County High School students that reported being bullied on school property

2015: **14%**  
2017: **15%**  
2017 WI: **21%**  
2017 US: **19%**

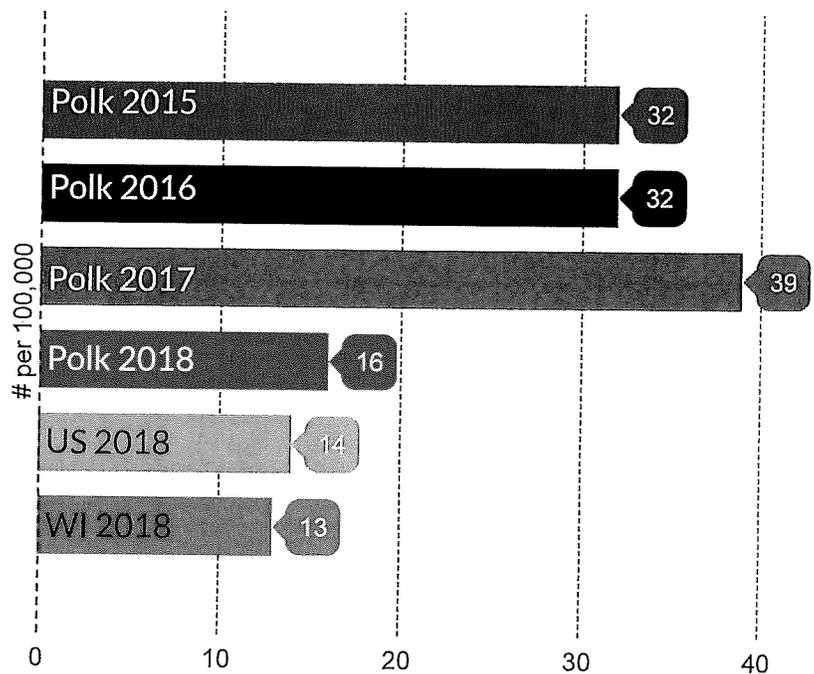


Polk County High School students that reported they seriously consider suicide in the last year

2015: **14%**  
2017: **15%**  
2017 WI: **10%**  
2017 US: **17%**



Number of Suicides in Polk County per 100,000



Source: Polk County Medical Examiner, WISH

## Community Health Needs Assessment Survey Data

Survey respondents that stated they have been told they have Depression/Anxiety

2015: **23%**  
2018: **33%**



Percent of survey respondents that stated they felt sad/depressed 3 or more days per week

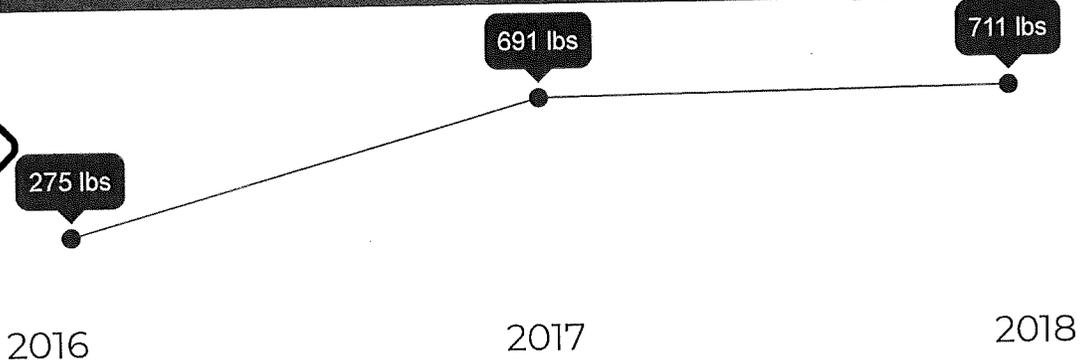
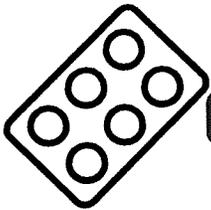
2015: **15%**  
2018: **22%**

Survey respondents that stated they were doing nothing to address the problem

2015: **26.9%**  
2018: **14%**

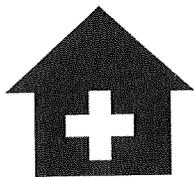
# Substance Use

Substance abuse is the harmful use chemicals, including psychoactive drugs, alcohol, prescription medications (and huffing). Substance abuse can lead to dependence syndrome (a negative behavioral, cognitive and physiological phenomena and social decline).



Pounds of Prescription drugs collected at permanent drop box locations

## Opioid related hospital discharges



2016: **69**  
 2017: **106**  
 2018: **275**

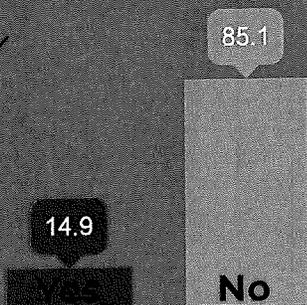
## % Motor vehicle crashes involving alcohol

2016: **6%**  
 2017: **9%**  
 2018: **11%**



## Community Health Needs Assessment Survey Data

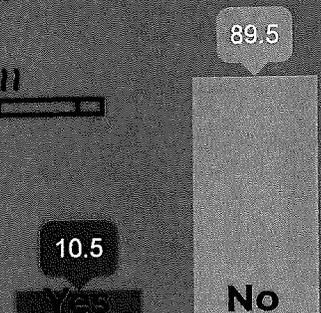
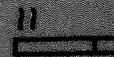
Have you or your family been Negatively impacted by Meth Use



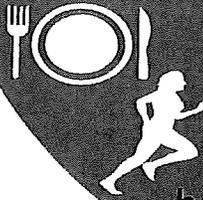
2015: **10%**  
 2018: **8%**

During the past 30 days survey respondents stated they had 5+ drinks (Male) 4+ drinks (Female) in a sitting on a weekly basis.

Have you or your family been Negatively impacted by Marijuana Use



# Nutrition and Physical Activity



Good nutrition is the intake of food that positively addresses the body's dietary needs. Physical activity helps keep the body in good physical condition. Poor nutrition and physical inactivity produce overall poor health and are major contributors to obesity and chronic diseases such as diabetes, heart disease and stroke.

HEALTH  
PRIORITY

#3

Polk County High School students that reported getting 60min of physical activity 5 or more days a week

2015: **56%**  
2017: **63%**

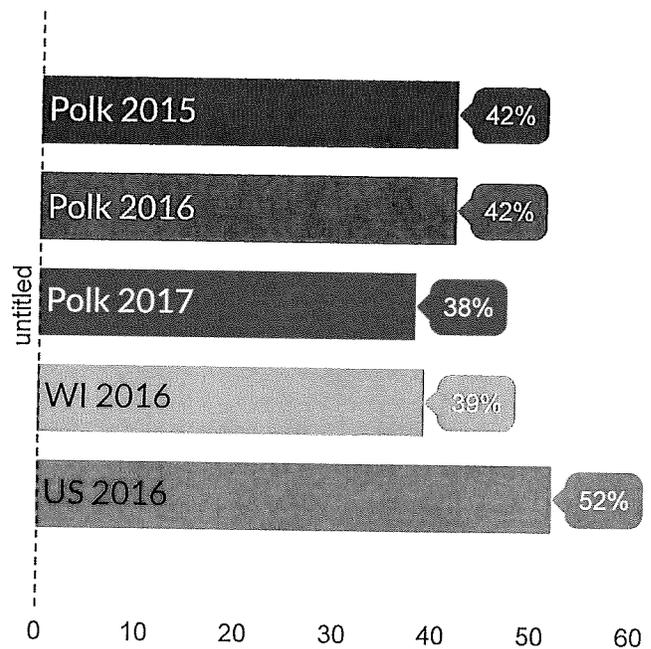


Percent of babies breastfed at or before discharge

2015: **83%**  
2016: **86%**  
2017 WI: **??%**



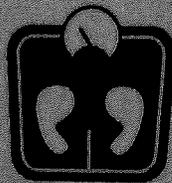
Percent of students eligible for free and reduced lunch at school



## Community Health Needs Assessment Survey Data

Survey Respondents that said they were slightly or very overweight

2015: **60%**  
2018: **66%**

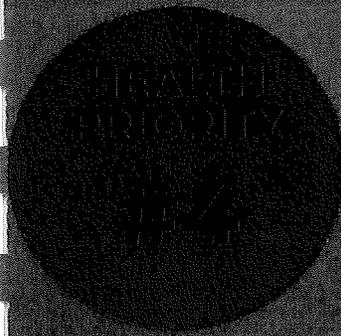


Survey respondents that stated they ate 3 or more servings of fruits and veggies a day.

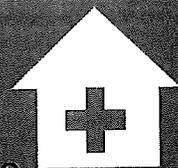
2015: **48%**  
2018: **37%**

Survey respondents that stated they exercised at least 30 mins a day on 3 or more days a week

2015: **49%**  
2018: **42%**

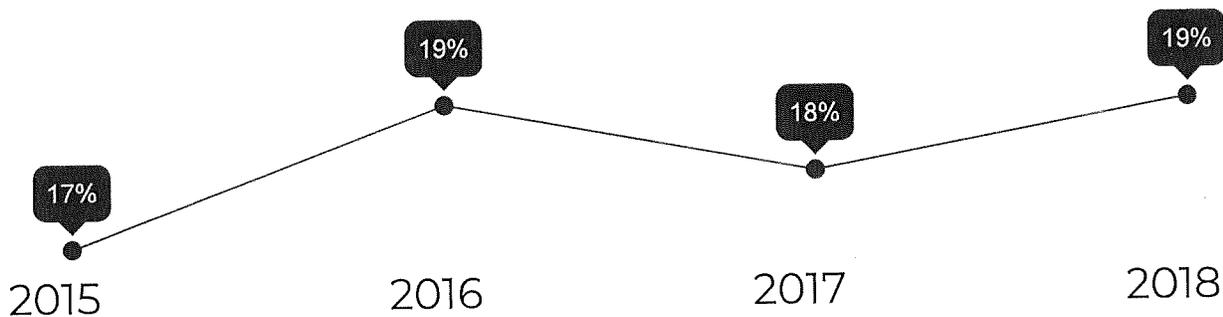


# Access to Care



Access to care refers to having the same access for all to appropriate, convenient, and affordable health care. This includes things such as access to providers, cost, insurance coverage, medical transportation, and cultural sensitivity and responsiveness.

### Percent of Polk County population on Badgercare



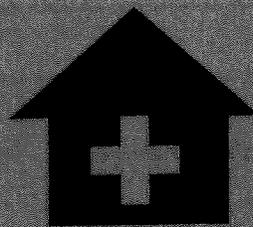
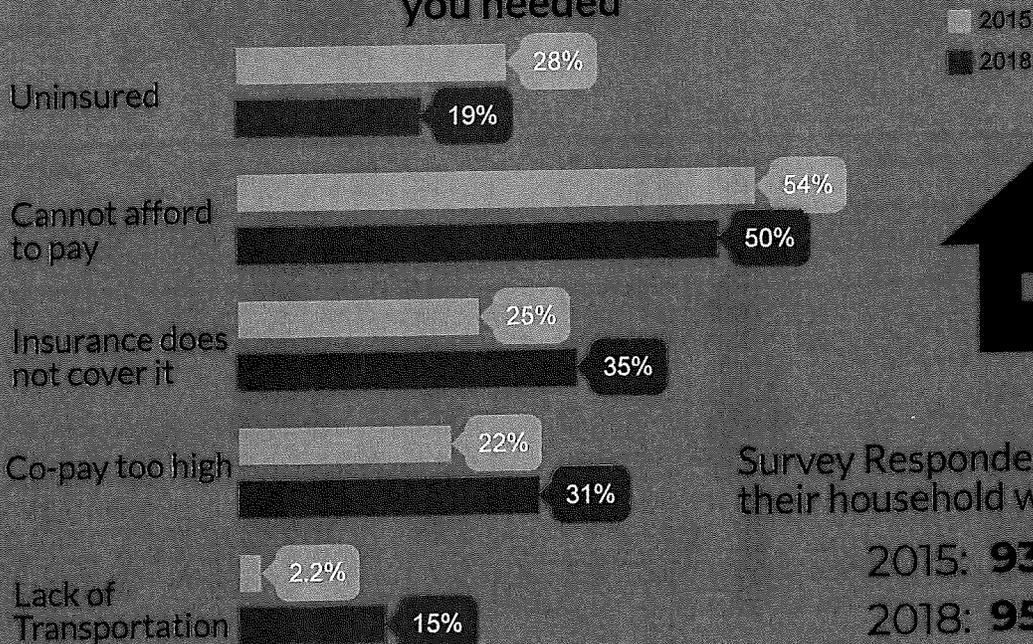
## Community Health Needs Assessment Survey Data

Survey respondents that stated they have a medical center they regularly use.

2015: **93%**

2018: **95%**

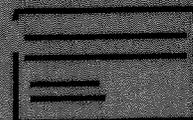
### Reasons you were prevented getting the medical care you needed



Survey Respondents that said everyone in their household were covered by insurance

2015: **93%**

2018: **95%**





# Healthy Growth and Development

Care and support for best possible physical, social & emotional health and development (i.e. prenatal care, regular check-ups, child & elderly care)

HEALTH PRIORITY

#5

Percent of moms who had a high school diploma/GED or less at delivery

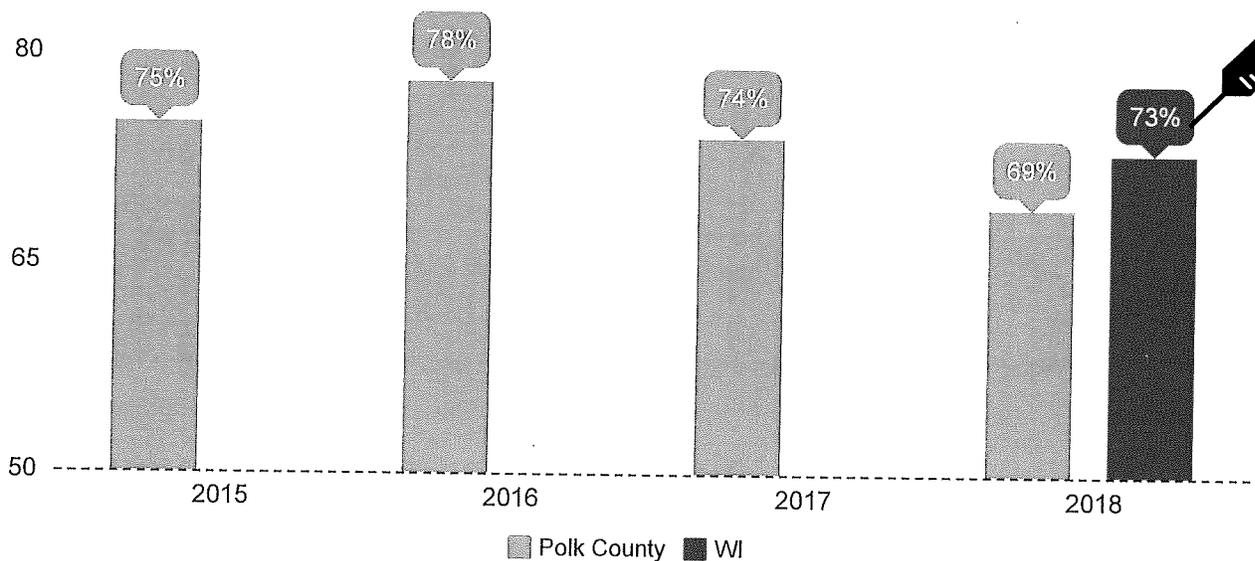
2016: **35.6%**  
2017: **35%**  
2018: **34.2%**



Percent of women that had less than 10 prenatal visits during pregnancy

2016: **28%**  
2017: **30%**

Percent of children up to data on vaccinations by 2 years old



Percent of women who had gestational diabetes

2016: **9%**  
2017: **9%**  
2018: **11%**  
US: **6%**

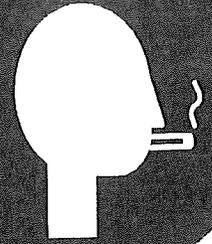


Percent of women who had gestational hypertension

2016: **6.2%**  
2017: **8.7%**  
2018: **9%**  
US: **9.1%**

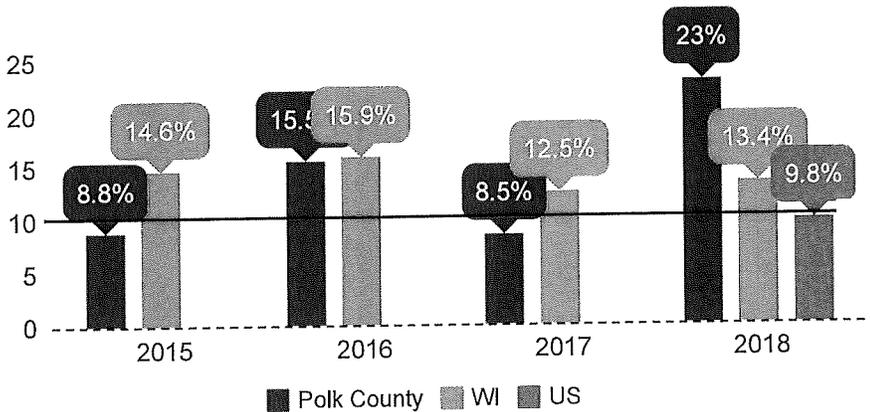
# Tobacco Prevention

Preventing tobacco use, providing treatment to stop smoking, protection from second-hand smoke.



## WI Wins Tobacco Compliance Check Sales Rate - State Goal is less than 10%

## Percent of mothers that somked during pregnancy



2016: **21%**  
 2017: **18%**  
 2018: **16%**  
 WI: **13%**  
 US: **10%**

## Polk County High School students that reported using E-Cigarettes

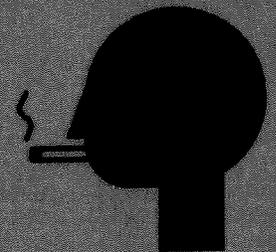
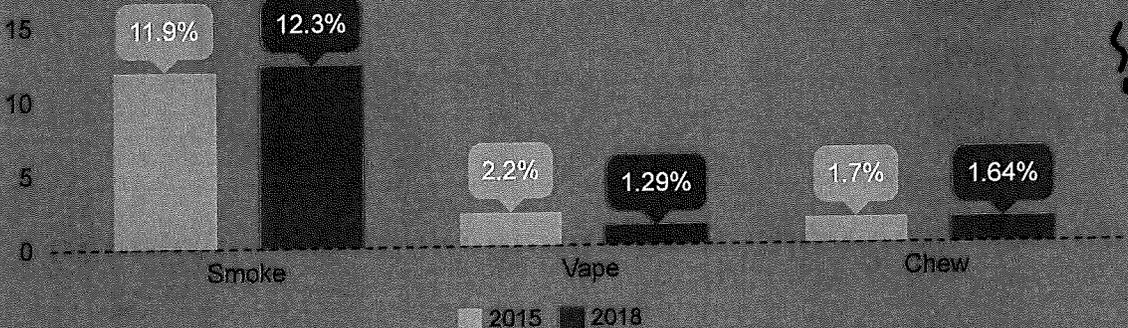
## Polk County High School students that reported smoking

2015: **16%**  
 2017: **10%**  
 2017 WI: **11.6%**  
 2017 US: **13.2%**

2015: **12%**  
 2017: **9%**  
 2017 WI: **7.8%**  
 2017 US: **8.8%**

## Community Health Needs Assessment Survey Data

Percent of survey respondents that indicated they smoked, vaped or chewed tobacco



# Injury and Violence Prevention

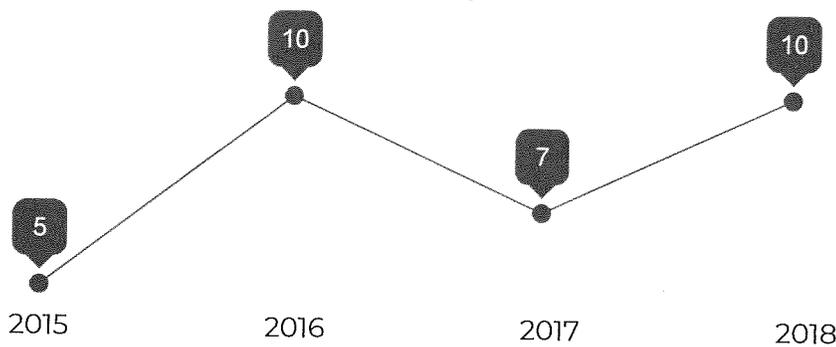
HEALTH  
PRIORITY

#7

Preventing injury from accidents or violence (i.e. falls, car crashes, abuse, assault)

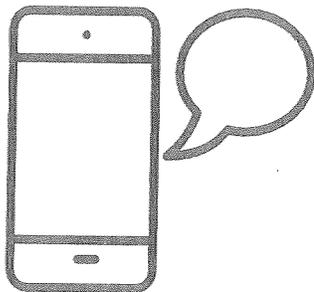


## Number of motor vehicle deaths in Polk County



## Percent of deaths attributed to accidents

2015: **6%**  
2017: **4%**  
2018: **3%**



Polk County High School students that never, rarely or sometimes wear a seat belt when riding in a car driven by someone else

2015: **6.8%**  
2017: **9%**  
2017 WI: **5.9%**

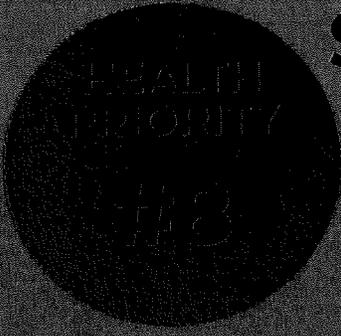
Polk County High School students that reported texting or e-mail while driving on more than 1 day in the last 30 days

2015: **24.2%**  
2017: **25.4%**  
2017 WI: **45.7%**

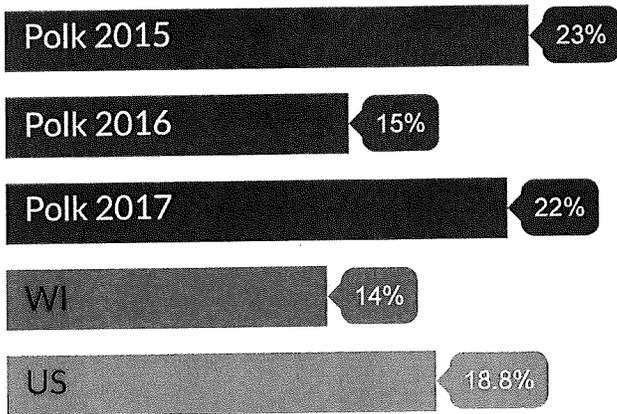


# Sexual and Reproductive Health

Education and health care to maintain sexual health, prevent unintended pregnancy and sexually transmitted infections.



## Teen Birth Rate

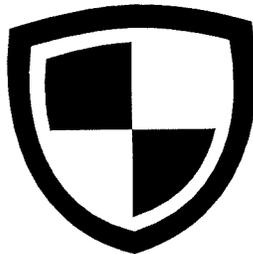


## Number of Gonorrhea Cases in Polk County

2015: **3**  
 2016: **3**  
 2017: **7**

## Polk County High School students that reported using a condom the last time they had intercourse

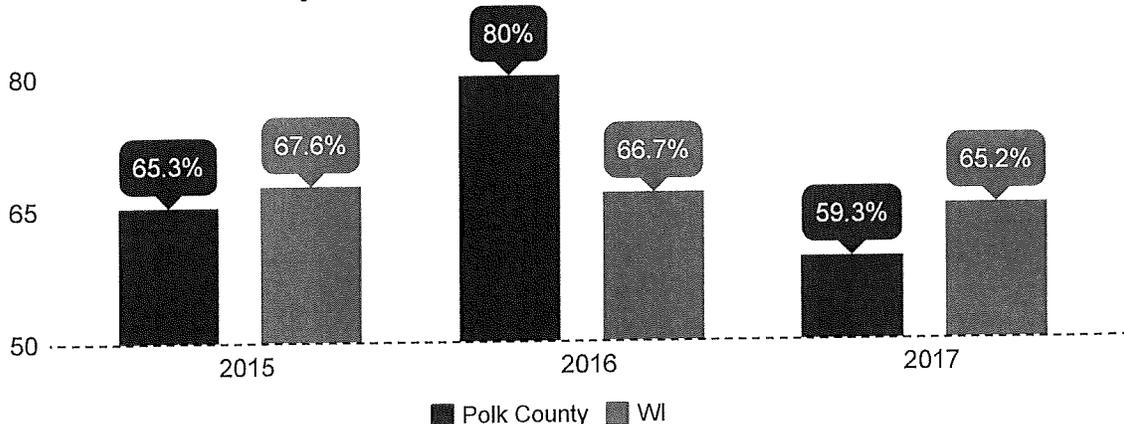
2015: **17%**  
 2017: **66%**  
 2017 WI: **62.8%**  
 2017 US: **53.8%**



## Polk County High School students that reported ever having intercourse

2015: **27%**  
 2017: **25%**  
 2017 WI: **33.6%**  
 2017 US: **30.1%**

## % of all Chlamydia cases reported in 15 to 24 year olds





# Oral Health

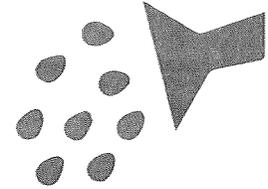
Keeping teeth, gums, and mouth healthy to prevent mouth pain, tooth decay, tooth loss, mouth sores.

HEALTH PRIORITY

#9

10

out of 12 Polk County Public Water Systems have fluoridated water



## Northlakes Dental Clinic Data

Number of patients served

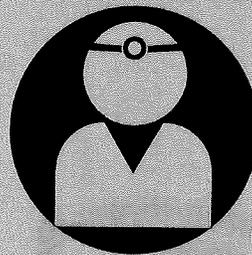
2017: **1147**

2018: **789**

Number of Polk County students Served

2017: **1453**

2018: **1534**



Percent of Polk County students served that had untreated tooth decay

2017: **58%**

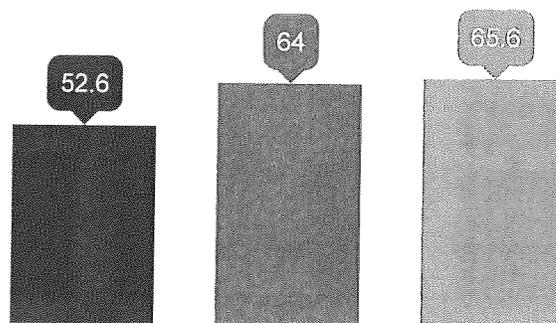
2018: **55%**

Percent of Polk County students Pre-K through 8th grade served with untreated tooth decay

2017: **24%**

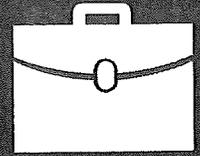
2018: **19%**

## Dentists per 100,000 Population - 2015



■ Polk County ■ WI ■ US

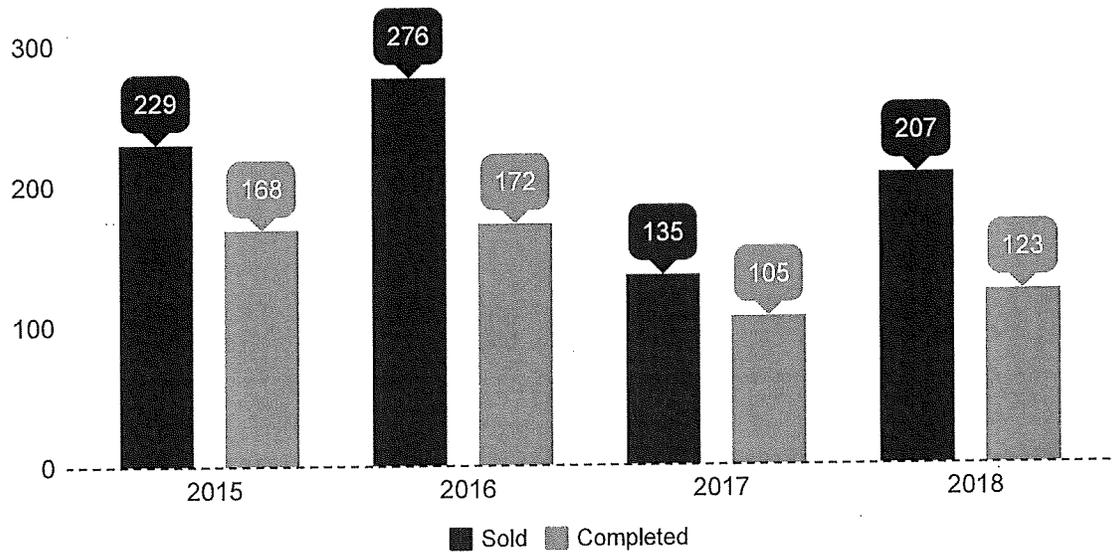
# Occupational and Environmental Health



Illnesses and injuries from indoor and outdoor hazards, such as chemicals, contaminated food/water, polluted air, or work hazards.

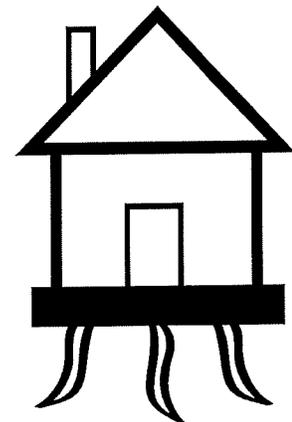


## Radon Tests in Polk County

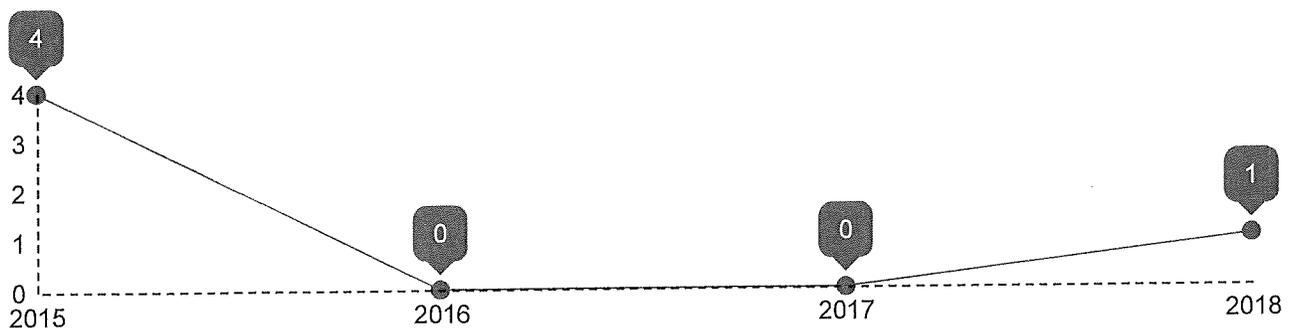


Percent of radon test with a result of 4.0pCi/L or Higher (this is the level that mitigation is recommended)

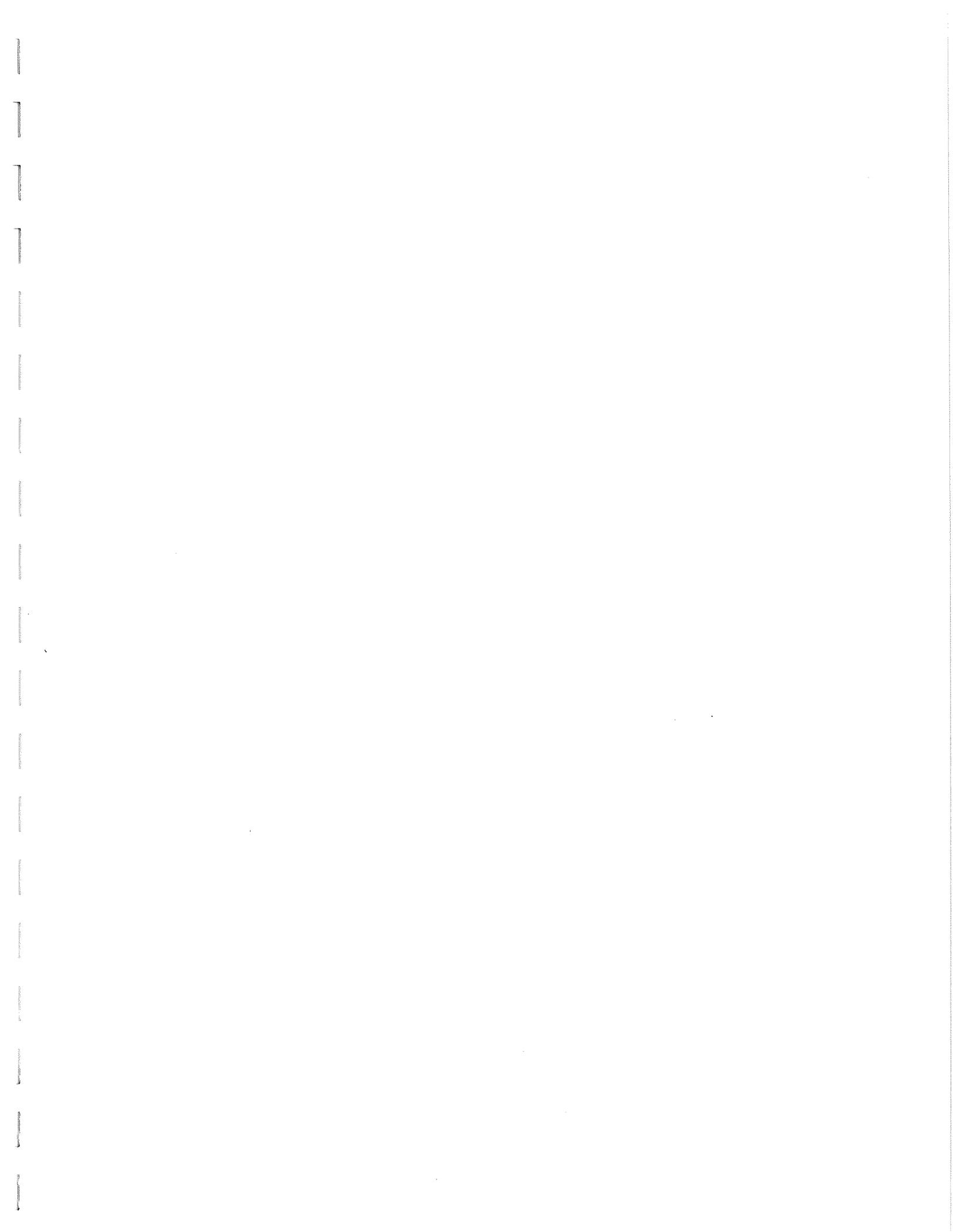
- 2015: **30%**
- 2016: **25%**
- 2017: **23%**
- 2018: **39%**



## Human Health Hazard Investigations that resulted in compliance orders being issued



# Appendix I

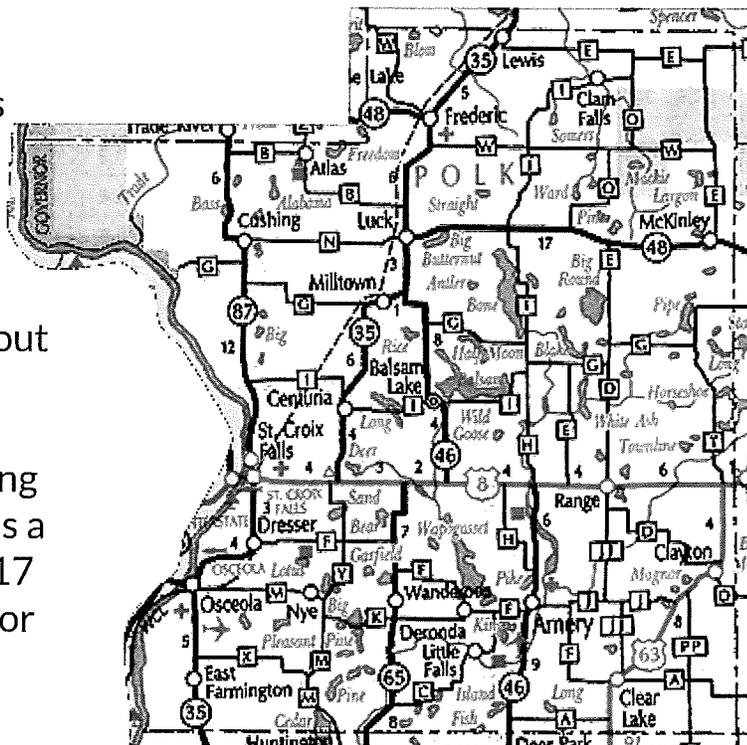


# Polk County Demographics

Polk County is located in scenic northwestern Wisconsin, about 50 miles northeast of St. Paul, Minnesota.

The total population of Polk County is 44,205. The county has 48 persons per square mile, a density which ranks 37th out of the 72 counties in the state.

The county seat is Balsam Lake. According to the U.S. Census Bureau, the county has a total area of 956 square miles; of that, 917 square miles is land and 39 square miles or 4.08% is water.



Median Family Income: \$53,551

Percent Rural: 85.5%

9.9 % of Population is Living in Poverty

13 % of Children Live in Poverty



Unemployment Rate: 3.1%



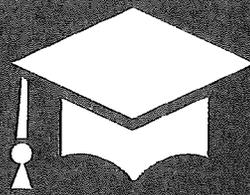
Percent Disabled: 12.6%

## Race/Ethnicity

- 96 % White
- 1% African American
- 1% Asian
- 1% American Indian/Alaskan Native
- 1% Other

## Education

- 23.1% Some College/No Degree
- 38.2% High School Diploma/Equivalent
- 6.9% Less than High School
- 6.1% Graduate Degree
- 13.8% Bachelors Degree
- 12.1% Associates Degree



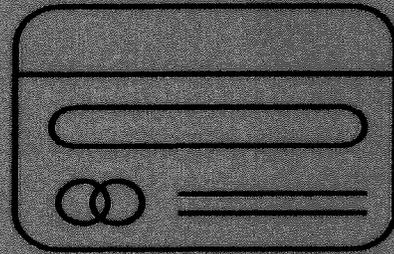


### Housing Information:

27.6% Living Alone	74.4% Occupied
54.2% Married Couple	25.6% Unoccupied
13.3% Other Non-Family	78.4% Owner
32.6% Other	21.6% Rent

### Insurance Coverage:

48.1% Employer Sponsored
17.5% Medicaid/Medicare
7.3% No Health Insurance
55.9% Private Insurance



Assessment findings suggest that when compared to the overall state population, the population of Polk County is somewhat older, considerably less diverse and far more rural.

### Polk County Age Distribution:



22% 0 - 17 Years
28.5% 18 - 44 Years
31% 45 - 64 years
18.5% 65+ years

# Appendix II

# Demographics

	2015	2016	2017	WI	US	Source
Total Population	44,205	44,205	44,205	32.7	34.9	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Total Population Age Group: 0-17	21.70%	21.44%	21.99%	23.10%	22.61%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Total Population Age Group: 18-44 years old	28.24%	28.10%	28.59%	34.47%	35.22%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Total Population Age Group: 45-64 years old	31.04%	30.89%	30.99%	27.72%	26.22%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Total Population Age Group: 65+ years old	19.00%	19.55%	18.44%	15.21%	14.50%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Median Age in Years	45	45.4	44.5	39.10%	37.70%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: White	96.59%	96.31%	96.31%	86.21%	73.35%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: Black or African American	0.38%	0.39%	0.39%	6.29%	12.63%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: American Indian and Alaska Native	1.01%	1.08%	1.08%	0.89%	0.82%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: Asian	0.54%	0.49%	0.50%	2.57%	5.22%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: Native Hawaiian and Other Pacific Islander	0.00%	0.00%	0.00%	0.02%	0.18%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: Other (One Race)	0.74%	0.77%	0.77%	1.83%	4.75%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population by Race: Two or More Other Races	1.03%	0.94%	1.30%	2.17%	3.01%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population Living in Rural Area			85.47%	29.85%	19.11%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
% not proficient in English	0.40%	0.40%	0.46%	1.66%	4.48%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
All Ages in Poverty	10.30%	9.90%	9.92%	12.73%	15.11%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Children in Poverty	14.50%	13.60%	13.00%	17.46%	21.17%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Median Household Income	\$50,714	\$52,039	\$53,551	\$54,610	\$53,322	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>

# Demographics

	2015	2016	2017	WI	US	Source
Types of Households: Married-Couple Families	54.76%	54.13%	54.20%	49.21%	48.23%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Types of Households: Other Families	13.90%	13.60%	13.30%	14.40%	17.60%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Types of Households: People Living Alone	25.50%	26.40%	26.70%	29.00%	26.40%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Types of Households: Other Nonfamily Households	31.20%	32.10%	32.60%	36.30%	34.07%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Home Occupancy: Occupied Housing Units	74.20%	74.90%	74.40%	87.20%	87.80%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Home Occupancy: Vacant Housing Units	25.80%	25.10%	25.60%	12.80%	12.20%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Homeownership: Owner-Occupied Housing Units	77.00%	77.00%	78.40%	67.00%	63.60%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Homeownership: Renter-Occupied Housing Units	23.00%	23.00%	21.60%	33.00%	36.40%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: Graduate or Professional Degree 25 Years Old and Over	6.20%	6.00%	6.10%	9.60%	11.50%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: Bachelor's Degree	12.70%	13.00%	13.80%	17.70%	17.70%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: Associates Degree	13.30%	13.50%	12.10%	14.90%	13.00%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: Some College No Degree	13.30%	20.60%	23.10%	18.30%	18.20%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: High School Diploma or Equivalent	39.40%	39.40%	38.20%	31.60%	27.80%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Educational Attainment: Less than High School	8.40%	7.90%	6.90%	9.00%	13.10%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Uninsured under Age 65	9.00%	8.50%	7.30%	7.10%	11.60%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Primary Insurance Type Ages 0-64: Employer Sponsored	47.70%	47.50%	48.10%	52.90%	45.80%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Primary Insurance Type Ages 0-64: Medicaid/Medicare	18.30%	17.80%	17.50%	21.70%	18.70%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Primary Insurance Type Ages 0-64: No Health Insurance	9.00%	8.50%	7.30%	7.10%	11.60%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>

# Demographics

	2015	2016	2017	WI	US	Source
Primary Insurance Type Ages 0-64: Private Insurance	53.60%	54.00%	55.90%	59.10%	53.40%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Unemployment Statistics	6.80%	5.80%	3.10%	5.50%	7.40%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>
Population with Any Disability	na	na	12.66%	11.80%	12.52%	United States Census Bureau <a href="https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml">https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml</a>

# Alcohol and Drug Use

## Polk County

HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
% of HS students Who Reported Having Their First Drink of Alcohol Before 13-Male	n/a	n/a	16%	n/a		18%	18.20%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs
% of HS students Who Reported Having Their First Drink of Alcohol Before 13-Female	n/a	n/a	13%	n/a		13%	12.80%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs CDC: National Youth Risk Behavior Survey
% of Motor vehicle Crashes involving Alcohol	n/a	n/a	9%	11%		n/a	n/a	WI Department Of Transportation
# of Opioid Related Hospital Discharges	n/a	69	106	275		18.4	20.8	Polk County Sherriffs Department
% of Reports that were Screened in by the Children and Family Services Department Involved AODA	80%	n/a	40%	50%	30%	n/a	n/a	Polk County Department of Children and Families
Pounds of Prescription Drugs collected at Take Back Program/Events	n/a	92	275	691	711	n/a	n/a	Polk County Sherriffs Department
# Juvenile Arrests for Liquor Law Violations	n/a	5	7	5	6	n/a	n/a	Polk County Sherriffs Department
# Juvenile Arrests for Operating While Intoxicated	18	20	23	20	21	18.4	20.8	Polk County Sherriffs Department
% of High School Students Who Report Using Prescription Drugs Without A Doctor's Prescription	80%	57	66	73	75	n/a	n/a	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs
% of High School Students Who Report Trying Marijuana in the Last 30 Days	6%	13%	n/a	9%	n/a	16%	18.40%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs
% of deaths attributed to chronic liver disease and cirrhosis	n/a	n/a	0.87%	1%	1.29%	n/a	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of HS Students that Reported Driving a Car or Other Vehicle During the Last 30 Days when they had been Drinking	n/a	n/a	n/a	2%	n/a	n/a	n/a	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs
% of HS Students that reported riding in a car or other vehicle driven by someone who had been drinking alcohol at least one time in the last 30 days	n/a	n/a	n/a	20.2	n/a	n/a	n/a	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs

# Chronic Disease

## Polk County

	HP2020 Goal	2016	2017	2018	Trend	WI	US	Source(s)
# of people that Participate in Living Well with Chronic Disease	n/a	8	0	7		n/a	n/a	
% of deaths attributed to diseases of the heart	n/a	22.83%	25.56%	20.01%		196.6 per 100,000 = 22%	196.6 per 100,000 = .2%	<a href="http://www.dhs.wisconsin.gov/heartdisease/statistical_reports.htm">www.dhs.wisconsin.gov/heartdisease/statistical_reports.htm</a> <a href="https://www.cdc.gov/nchs/fastats/default.htm">https://www.cdc.gov/nchs/fastats/default.htm</a>
% of deaths attributed to malignant neoplasma (cancer)	0.16%	22.54%	22.31%	25%		195.3 per 100,000 = .2%	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to all other	na	17.05%	18.05%	18.77%		128.87 per 100,000	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to chronic lower respiratory diseases	0.10%	5%	6%	7%		45.2 per 100,000	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to alzheimer's disease	n/a	4.34%	3.78%	5.14%		41.86 per 100,000 = .05%	4.00%	Wisconsin Interactive Statistics on Health (WISH) <a href="http://www.cdc.gov/aging/agingdata/index.html">www.cdc.gov/aging/agingdata/index.html</a>
% of deaths attributed to diabetes mellitus	0.06%	2.89%	3.01%	2.57%		24.71 per 100,000 = .03%	24.8 per 100,000 = .03%	Wisconsin Interactive Statistics on Health (WISH) <a href="http://www.cdc.gov/nchs/fastats/default.htm">www.cdc.gov/nchs/fastats/default.htm</a>
% of deaths attributed to nephritis, nephrotic syndrome and nephrosis	n/a	1.73%	1.25%	2.06%		6.16 per 100,000 = .01%	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to benign neoplasms	n/a	1.16%	1.00%	1.54%		12.04 per 100,000 = .01%	10.3 per 100,000 = .01%	Wisconsin Interactive Statistics on Health (WISH) <a href="http://www.cdc.gov/nchs/fastats/default.htm">www.cdc.gov/nchs/fastats/default.htm</a>
% of deaths attributed to Parkinson's Disease	n/a	1.16%	2.76%	0.51%		11.92 per 100,000	n/a	Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to septicemia	n/a	1.16%	0.25%	0.77%		9.59 per 100,000 = .01%	n/a	Wisconsin Interactive Statistics on Health (WISH)

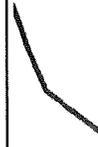
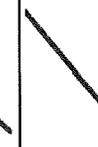
# Chronic Disease

## Polk County

HP2020 Goal	2016	2017	2018	Trend	WI	US	Source(s)
% of deaths attributed to cerebrovascular diseases	n/a	7.80%	4.50%	4.11%		43.42 per 100,000 = .04%	n/a Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to congenital malformations	n/a	0.29%	n/a	0.77%		3.51 per 100,000 = 0%	n/a Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to pneumoconioses and chemical effects	n/a	0.29%	n/a	n/a		.24 per 100,000 = 0%	n/a Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to viral hepatitis	n/a	0.29%	n/a	n/a		.55 per 100,000 = 0%	2.0 per 100,000 = 0% Wisconsin Interactive Statistics on Health (WISH) www.cdc.gov/nchs/fastats/default.htm
% Anemias	n/a	n/a	n/a	0.51%		1.89 per 100,000 = 0%	1.7 per 100,000 = 0% Wisconsin Interactive Statistics on Health (WISH) www.cdc.gov/nchs/fastats/default.htm
% of Deaths attributed to HIV	0.00%	n/a	n/a	0.51%		.48 per 100,000 = 0%	1.9 per 100,000 = 0% Wisconsin Interactive Statistics on Health (WISH) www.cdc.gov/hiv/statistics/index.html
% of deaths attributed to aortic aneurysm and dissection	n/a	0.58%	n/a	n/a		4.34 per 100,000 = 0%	n/a Wisconsin Interactive Statistics on Health (WISH)
% of deaths attributed to Pneumonitis due to solids and liquids	n/a	0.58%	n/a	0.26%		7.84 per 100,000 = .01%	n/a Wisconsin Interactive Statistics on Health (WISH)

# Communicable Disease

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
% vaccinated for influenza	6 months + : 70%	n/a	26%	27%	n/a		48.40%	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
Number of influenza hospitalizations	n/a	n/a	50	53	37		n/a	574,000	Polk County Health Department www.cdc.gov/flu/
% of Girls 11-26 Receiving One Dose of HPV Vaccine	n/a	n/a	47%	49%	51%		n/a	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
% of Boys 11-26 Receiving One Dose of HPV Vaccine	n/a	n/a	19%	25%	30%		n/a	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
% of Boys 11-26 Receiving Complete Dose of HPV Vaccine	80%	n/a	8%	12%	16%		n/a	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
% of Girls 11-26 Receiving Complete Dose of HPV Vaccine	80%	n/a	34%	36%	38%		n/a	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
% of Children up to Date on Vaccinations by 2 Years Old	80%	59%	63%	63%	60%		73%	n/a	www.dhs.wisconsin.gov/immunization/wir.h tm www.dhs.wisconsin.gov/immunization/data
% of Children up to Date on Vaccination by 2 Years Old-Late	na	75%	78%	74%	69%		n/a	n/a	Wisconsin Immunization Registry www.dhs.wisconsin.gov/immunization/wir.h tm
% of those 50 and Older Who Have Received the Shingles Vaccine	30%	26%	29%	31%	n/a		31.60%	n/a	www.dhs.wisconsin.gov/immunization/wir.h tm www.dhs.wisconsin.gov/immunization/data
% of those 65 and Older Who Have Received the Pneumococcal Vaccine	90%	13%	27%	34%	44%		72.90%	n/a	www.dhs.wisconsin.gov/immunization/wir.h tm www.dhs.wisconsin.gov/immunization/data
% of deaths attributed to influenza and pneumonia	n/a	n/a	1.16%	2%	1%		5.50%	n/a	DHS (Respiratory Virus Surveillance Report 2018-2019 season)

# Communicable Disease

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of Pertussis Cases	>1 year old: 2500 11-18 years old: 2000	n/a	19.00	14	65		697	13,439	Polk County Health Department dhs.wisconsin.gov/publications/p01263-18.pdf www.cdc.gov/pertussis/downloads/pertuss-12.pdf www.cdc.gov/hepatitis/hcv/cfaq.htm#statist ics
# of HEP C Cases	.25 new cases per 100,000	n/a	18	24	16		3,067	41,200	Polk County Health Department www.dhs.wisconsin.gov/tick/lyme-data.htm www.cdc.gov/lyme/datasurveillance/tables-recent.html
# of Lyme Cases	n/a	n/a	44	82	38		3,105	29,513	Polk County Health Department www.dhs.wisconsin.gov/tickborne/ae/index.htm
# of Anaplasmosis/Ehrlichiosis Cases	n/a	n/a	38	25	12		847	5,762	Polk County Health Department www.dhs.wisconsin.gov
% of Chlamydia Cases attributed to people ages 15-24	n/a	65%	80	59.3			65%	n/a	Polk County Health Department www.dhs.wisconsin.gov
# of GI & Respiratory Outbreaks	n/a	n/a	15	11	4		n/a	n/a	Polk County Health Department

# Environmental and Occupational Health

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of Radon Tests sold	n/a	229	276	135	207		n/a	n/a	Polk County Environmental Health Program
# of radon Tests added to RIC Database	n/a	168	172	105	123		n/a	n/a	Polk County Environmental Health Program
% of radon test at 4.0 pCi/L or higher	n/a	30%	25%	23%	39%		n/a	n/a	Polk County Environmental Health Program
# of Human Health Hazard Investigations	n/a	4	0	0	1		n/a	n/a	Polk County Environmental Health Program
# of Compliance Orders Issued For Human Health Hazards	n/a	4	0	0	1		n/a	n/a	Polk County Environmental Health Program

# Healthy Growth and Development

		Polk County							
HP2020 Goal		2015	2016	2017	2018	Trend	WI	US	Source(s)
% of medical center population that Receive Well Child Checks at ages 6 months, 1 year and 2 years	n/a	n/a	n/a	n/a	n/a		n/a	n/a	
% of Children Who Receive Birth -3 services	n/a	n/a	n/a	n/a	n/a		n/a	n/a	
% of women that had less than 10 prenatal care visits	n/a	n/a	28%	30%	n/a		n/a	n/a	Vital Records (aggregate report)
% of delivery when mom had high school diploma/GED or less	n/a	n/a	35.58%	35.00%	34.25%		n/a	n/a	
% of mothers that has gestational diabetes	n/a	n/a	9%	9%	11%		n/a	6%	cdc.gov/pregnancy/diabetes-gestational.html
% of mothers that has gestational hypertension	n/a	n/a	6.28%	8.75%	9%		n/a	9.10%	cdc.gov/bloodpressure/pregnancy.htm

# Injury and Violence

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of Injury Violence Mortality	53.7 per 100,000	34	31	n/a	n/a		1,064	67,299	<a href="https://wish.wisconsin.gov/WISH">https://wish.wisconsin.gov WISH</a> (Mortality-Falls, motor vehicle accidents, other land transport accidents, other land transport accidents and their sequelae, intentional self-harm (suicide) Assault (homicide)/discharge of fire arms, undetermined intent
# of people participating in Stepping On (Fall prevention workshop)	n/a	n/a	12	16	0		15,782	n/a	<a href="https://dhs.wisconsin.gov/adrc/index.htm">dhs.wisconsin.gov/adrc/index.htm</a> Aging and Rehabilitation Resource Center
% of deaths attributed to accidents	36.4 per 100,000 = .04%	n/a	6%	4%	3%		0.06%	0.05%	Wisconsin Interactive Statistics on Health (WISH) <a href="https://www.cdc.gov/injury/wisqars/nvdrs.html">https://www.cdc.gov/injury/wisqars/nvdrs.html</a>
# of motor vehicle fatalities. 2018 is only preliminary as of 2/1/2019	12.4 per 100,000	5	10	7	10		599	40,464	Wisconsin Interactive Statistics on Health (WISH) <a href="https://www.cdc.gov/injury/wisqars/nvdrs.html">cdc.gov/injury/wisqars/nvdrs.html</a>
# of Dometic Violence/battery charges	n/a	n/a	n/a	n/a	n/a		n/a	n/a	Polk County Sheriffs Department
# of HS students that reported texting or e-mail while driving a car or other vehicle on one or more days in the last 30 days	n/a	n/a	n/a	25.40%	n/a		45.70%	n/a	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>
% of HS Students that never, rarely, or sometimes wear a seat belt when riding in a car driven by someone else	n/a	N/A	N/A	9%	N/A		5.90%	n/a	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>

# Mental Health

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of Suicides	n/a	14	14	17	7		862	47,173	Polk County Medical Examiner <a href="https://www.cdc.gov/injury/wisqars/nvdrs.html">https://www.cdc.gov/injury/wisqars/nvdrs.html</a> Wisconsin Interactive Statistics on Health (WISH)
Suicide Rate (per 100,000) Calculated based on suicide numbers	10.2	32	32	39	16		14	13.3	Polk County Medical Examiner National Vital Statistics System- Mortality Wisconsin Interactive Statistics on Health (WISH)
% of HS Students Seriously Considering Suicide in the Last Year	n/a	14%	n/a	15%	n/a		10%	17.20%	National Youth Risk Behavior Survey Wisconsin State Youth Risk Behavior Survey
% of high school students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	n/a	27%	n/a	24%	n/a		20%	31.50%	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrb">https://dpi.wi.gov/sspw/yrb</a>
% of Students Who Attempted Suicide Once in the Last 12 Months	n/a	5%	n/a	2%	n/a		4%	31.50%	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrb">https://dpi.wi.gov/sspw/yrb</a> National Youth Risk Behavior Survey
# of QPR Trainings	n/a	n/a	n/a	n/a	36%		n/a	n/a	See MHTF
# of People Trained in QPR	n/a	n/a	n/a	n/a	875		n/a	n/a	See MHTF
# of Make it Ok Events Held	n/a	n/a	n/a	n/a	n/a		n/a	n/a	See MHTF & Polk County Behavioral Health
# of People Trained as Ambassadors for Make it Ok	n/a	n/a	n/a	n/a	n/a		n/a	n/a	See MHTF & Polk County Behavioral Health
# of Zero Suicides Trainings	n/a	n/a	n/a	n/a	n/a		n/a	n/a	See MHTF & Polk County Behavioral Health
# of People that Attended Zero Suicides Trainings	n/a	n/a	n/a	n/a	n/a		n/a	n/a	See MHTF & Polk County Behavioral Health

# Mental Health

## Polk County

HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of ACEs Trainings	n/a	n/a	n/a	24		n/a	n/a	See MHTF & Polk County Behavioral Health
# of people Trained in ACEs	n/a	n/a	n/a	749		n/a	n/a	See MHTF & Polk County Behavioral Health
# of Students screened at school	n/a	n/a	n/a	240		n/a	n/a	See MHTF & Polk County Behavioral Health
# of Families Contacted with follow up from y Screen	n/a	n/a	n/a	60		n/a	n/a	See MHTF & Polk County Behavioral Health
% of HS Students Who Have Been Bullied on School Property in the Past Year	n/a	30%	n/a	28%		21%	19%	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>
% of HS Students Who Agree that Harassment and Bullying is a problem at Their School	n/a	41%	n/a	38%		33%	n/a	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>

# Nutrition

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
% Free and Reduced Lunches at School	n/a	42%	42%	38%	n/a		n/a	n/a	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspwyrb">https://dpi.wi.gov/sspwyrb</a>
% of HS Students reported going hungry because there was not enough food in their house during the last 30 days	n/a	n/a	n/a	25%	n/a		n/a	n/a	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspwyrb">https://dpi.wi.gov/sspwyrb</a>
% of babies ever breastfed	81.90%	n/a	n/a	n/a	n/a		82.20%	83.20%	cdc.gov/breastfeeding/data/reportcard.htm

# Oral Health

## Polk County

HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)
# of Patients Served Through the Northlakes Clinic Based out of Polk County Health Department	n/a	n/a	1147	789		n/a	n/a	Northlakes Dental Clinic
% of the 1,266 Students Enrolled in grades 1-6 of 5 Polk County Schools (Clayton, Frederic, Luck, ST. Croix Falls, & Unity) Participating in the Fluoride Mouth Rinse Program.	n/a	n/a	26.70%	n/a		n/a	n/a	Northlakes Dental Clinic
% of Polk County Students Served Through Northlakes Dental at Their School that had either untreated or treated Decay.	n/a	n/a	58%	55%		n/a	n/a	Northlakes Dental Clinic
% of Polk County Students grades Pre-K through 8 served by Northlakes Dental at their school (Data based on school years, 2017 is for the 16-17 school year.	n/a	n/a	26.70%	11%		n/a	n/a	Northlakes Dental Clinic
% of Polk County Students grades Pre-K through 8 served by Northlakes Dental at their school that showed untreated tooth decay.	n/a	n/a	24%	19%		n/a	n/a	Northlakes Dental Clinic
Number of Polk County Students Served during school year.	n/a	n/a	1453	1534		n/a	n/a	Northlakes Dental Clinic
Dentists per 100,000 population	n/a	52.95	n/a	n/a		64	65.6	US Department of Health & Human Services, Health Resources and Services Administration, Area Health Resource File. 2015. Source geography: County

# Physical Activity

Polk County									
HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source(s)	
% HS Students Reporting at Least 60 Minutes of Physical Activity 5 or More Days/Week	n/a	56%	n/a	63%	n/a	48.75	46.50%	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>	CDC: Youth Risk Behavior Survey
Number of Polk County On The Move views (website started in 2018; data March-December 2018)	n/a	n/a	n/a	2135	n/a	n/a	n/a	Polk United NPA Workgroup	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>
% of HS Students Who Participated in Physical Education Classes on All 5 Days/Week	n/a	n/a	n/a	n/a	n/a	36.90%	29.90%	Polk United NPA Workgroup	Wisconsin State Youth Risk Behavior Survey <a href="https://dpi.wi.gov/sspw/yrbs">https://dpi.wi.gov/sspw/yrbs</a>

# Sexual and Reproductive Health

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source
Chlamydia Rate per 100,000	n/a	221	215	260	228		403.2	456.1	SPHERE and Wisconsin Interactive Statistics on Health (WISH) - <a href="http://www.dhs.wisconsin.gov/std/data.htm">www.dhs.wisconsin.gov/std/data.htm</a> County Health Rankings
Teen Birth Rate per 100,000	n/a	23	15	22	n/a		14	18.8	SPHERE and Wisconsin Interactive Statistics on Health (WISH) - <a href="http://www.dhs.wisconsin.gov/std/data.htm">www.dhs.wisconsin.gov/std/data.htm</a>
% of HS Students Who Reported Ever Having Sexual Intercourse	n/a	27%	n/a	25%	n/a		33.60%	30.10%	Wisconsin State Youth Risk Behavior Survey <a href="http://dpi.wi.gov/sspw/yrbs">dpi.wi.gov/sspw/yrbs</a> Youth Risk Behavior Survey
% of HS School Students Who Reported Using a Condom the Last Time They Had Intercourse	n/a	17%	n/a	66%	n/a		62.80%	53.80%	Wisconsin State Youth Risk Behavior Survey <a href="http://dpi.wi.gov/sspw/yrbs">dpi.wi.gov/sspw/yrbs</a> Youth Risk Behavior Survey

# Tobacco

## Polk County

	HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source
% of HS Students that Reported Using Tobacco Related Products-Chewing tobacco, snuff, or dip (males only)	n/a	11%	n/a	11%	n/a		9.80%	8.90%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs CDC: Youth Risk Behavior Survey
	16%	12%	n/a	9%	n/a		7.80%	8.80%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs CDC: Youth Risk Behavior Survey
% of HS Students that Reported Using E-Cigarettes	n/a	16%	n/a	10%	n/a		11.60%	13.20%	Wisconsin State Youth Risk Behavior Survey dpi.wi.gov/sspw/yrbs CDC: Youth Risk Behavior Survey
	5%	9%	16%	9%	23%		11.80%	9.80%	Wisconsin Wins - <a href="http://wiwins.org">http://wiwins.org</a> Substance Abuse and Mental Health Services Administration
% of Mothers that smoked during pregnancy	n/a	n/a	21%	18%	16%		13%	10%	Vital Records CDC (Pregnancy Risk Assessment and Monitoring System) County Health Rankings

# Access to Care

## Polk County

HP2020 Goal	2015	2016	2017	2018	Trend	WI	US	Source
% of Polk County's Population on Assistance Through Forward Health	n/a	17%	18%	19%		n/a	n/a	Polk County Wisconsin Medicaid <a href="http://www.forwardhealth.wi.gov/WIPortal/StaticContent/Member/caseloads/481-caseload.htm">www.forwardhealth.wi.gov/WIPortal/StaticContent/Member/caseloads/481-caseload.htm</a> &
Average # of people enrolled in family planning only services/month.	n/a	359	322	350		n/a	n/a	Wisconsin Interactive Statistics on Health (WISH) - <a href="http://www.dhs.wisconsin.gov/std/data.htm">www.dhs.wisconsin.gov/std/data.htm</a>

# Appendix III

# Polk County Community Health Survey

How's the health of Polk County? We'd like to know.

A group of local medical centers and public health agencies, along with UW-Extension and United Way St. Croix Valley, are conducting a survey to determine the most important health needs in Polk County. The information provided will be used to help us understand and improve the health of Polk County residents. Your participation is voluntary and will not affect your health care in any way. All responses are completely confidential.

To show our appreciation for your time, upon completion of this survey, you can enter a drawing for one of three prizes: a \$100 fitness tracker, a \$25 gas card or a \$10 Subway Card. Your name will not be linked to your survey data. (Drawing information is at the end of the survey.) If you have further questions, please call Brian Kaczmarek, Health Director/Officer, Polk County Health Department at 715-485-8500.

Thank you so much for the taking time to complete this survey!

1. What do you feel are the most important health related concerns in Polk County? **(Please check all that apply)**

- |   |   |
|---|---|
| <input type="checkbox"/> Alcohol Abuse                        | <input type="checkbox"/> Bullying   |
| <input type="checkbox"/> Prescription Drug Abuse              | <input type="checkbox"/> Mental Health (for example depression and anxiety) |
| <input type="checkbox"/> Use of Illegal Drugs                 | <input type="checkbox"/> Suicide  |
| <input type="checkbox"/> Diabetes                             | <input type="checkbox"/> Healthy Eating                                     |
| <input type="checkbox"/> Cancer                               | <input type="checkbox"/> Access to Healthy Food Options                     |
| <input type="checkbox"/> Strokes                              | <input type="checkbox"/> Obesity  |
| <input type="checkbox"/> Dementia                             | <input type="checkbox"/> Lack of Breastfeeding Support                      |
| <input type="checkbox"/> Heart Health                         | <input type="checkbox"/> Poor Dental Health                                 |
| <input type="checkbox"/> Ability to Get Immunizations (Shots) | <input type="checkbox"/> Lack of physical Fitness Opportunities             |
| <input type="checkbox"/> Safety Concerns at Work              | <input type="checkbox"/> Reproductive and Sexual Health                     |
| <input type="checkbox"/> Unsafe/ Unhealthy Homes              | <input type="checkbox"/> Sexually Transmitted Infections (STI)              |
| <input type="checkbox"/> Going to the Doctor every year       | <input type="checkbox"/> Secondhand Smoke                                   |
| <input type="checkbox"/> Falls                                | <input type="checkbox"/> Tobacco Use  |
| <input type="checkbox"/> Domestic Abuse/Violence              | <input type="checkbox"/> E-Cigarette/Vaping/JUUL Use                        |
| <input type="checkbox"/> Gun Safety                           | <input type="checkbox"/> Other _____  |
| <input type="checkbox"/> Car/ATV/Snowmobile Accidents         |   |

2. What impacts these health concerns the most?

- |   |   |
|---|---|
| <input type="checkbox"/> Ability to get a job                       | <input type="checkbox"/> Spending time in jail            |
| <input type="checkbox"/> Having enough food to eat                  | <input type="checkbox"/> Personal Health                  |
| <input type="checkbox"/> Having enough money to provide basic needs | <input type="checkbox"/> Access to Health Care            |
| <input type="checkbox"/> Language barriers                          | <input type="checkbox"/> Understanding health information |
| <input type="checkbox"/> Ability to read and write                  | <input type="checkbox"/> Crime and Violence               |
| <input type="checkbox"/> Level of Education                         | <input type="checkbox"/> Access to healthy foods          |
| <input type="checkbox"/> Community Support                          | <input type="checkbox"/> Safe homes                       |
| <input type="checkbox"/> Discrimination                             | <input type="checkbox"/> Transportation                   |

3. Generally speaking, how would you describe your health?

- |                               |                                    |
|-------------------------------|------------------------------------|
| <input type="checkbox"/> Poor | <input type="checkbox"/> Very Good |
| <input type="checkbox"/> Fair | <input type="checkbox"/> Excellent |
| <input type="checkbox"/> Good |                                    |

# Polk County Community Health Survey

4. How would you describe your weight?
- |   |  |
|---|--|
| <input type="checkbox"/> Very Underweight     | <input type="checkbox"/> Slightly Overweight |
| <input type="checkbox"/> Slightly Underweight | <input type="checkbox"/> Very Overweight     |
| <input type="checkbox"/> Healthy Weight       |  |
5. Is every member of your household currently covered by health insurance?
- |                              |                             |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|
6. Do you have a clinic or medical center that you use regularly?
- |                              |                             |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|
7. When was the last time you saw a medical provider?
- |  |  |
|--|--|
| <input type="checkbox"/> Within the last 12 months | <input type="checkbox"/> 3-5 years       |
| <input type="checkbox"/> 1-3 years                 | <input type="checkbox"/> 5 or more years |
8. Why did you see a medical provider?
- |   |  |
|---|--|
| <input type="checkbox"/> Illness                      | <input type="checkbox"/> Injury            |
| <input type="checkbox"/> Annual Physical              | <input type="checkbox"/> Medication refill |
| <input type="checkbox"/> Other (Please specify) _____ |  |
9. In the last 12 months was there something that prevented you from getting the medical care you needed?
- |                              |   |
|------------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No (Skip to question 11) |
|------------------------------|---|
10. What prevented you from getting medical care? **(Please check all that apply)**
- |  |  |
|--|--|
| <input type="checkbox"/> Uninsured                       | <input type="checkbox"/> Lack of childcare       |
| <input type="checkbox"/> Cannot afford to pay            | <input type="checkbox"/> Didn't know where to go |
| <input type="checkbox"/> Insurance did not cover it      | <input type="checkbox"/> Language barriers       |
| <input type="checkbox"/> Co-payments too high            | <input type="checkbox"/> Inconvenient hours      |
| <input type="checkbox"/> Lack of transportation          | <input type="checkbox"/> Fear of Being Judged    |
| <input type="checkbox"/> Not enough time                 | <input type="checkbox"/> Fear of bad diagnosis   |
| <input type="checkbox"/> Specialty physician not in area |  |
| <input type="checkbox"/> Other (Please specify) _____    |  |
11. In the last 12 months have you not taken a prescription because it costs too much?
- |                              |                             |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

## Polk County Community Health Survey

12. Have you or a family member been told that you have/had any of the following? (check all that apply)

- |  |   |
|--|---|
| <input type="checkbox"/> Addiction                         | <input type="checkbox"/> High blood pressure                  |
| <input type="checkbox"/> Asthma                            | <input type="checkbox"/> High cholesterol                     |
| <input type="checkbox"/> Cancer                            | <input type="checkbox"/> Sexually Transmitted Infection (STI) |
| <input type="checkbox"/> Depression/Mental Health Disorder | <input type="checkbox"/> Stroke                               |
| <input type="checkbox"/> Diabetes                          | <input type="checkbox"/> Dementia                             |
| <input type="checkbox"/> Heart Disease                     | <input type="checkbox"/> None of the above                    |

13. On an average day, how many servings of fruit and vegetables do you eat? (one serving is ½ a cup or medium sized fruit or vegetable)

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> None         | <input type="checkbox"/> Three servings        |
| <input type="checkbox"/> One serving  | <input type="checkbox"/> Four servings         |
| <input type="checkbox"/> Two servings | <input type="checkbox"/> Five or more servings |

14. On average how many days per week do you exercise 30 minutes or more?

- |                                 |   |
|---------------------------------|---|
| <input type="checkbox"/> None   | <input type="checkbox"/> 3 days         |
| <input type="checkbox"/> 1 day  | <input type="checkbox"/> 4 days         |
| <input type="checkbox"/> 2 days | <input type="checkbox"/> 5 or more days |

15. In the last two weeks how many days have you felt sad or depressed?

- |                                 |   |
|---------------------------------|---|
| <input type="checkbox"/> None   | <input type="checkbox"/> 3 days           |
| <input type="checkbox"/> 1 day  | <input type="checkbox"/> Almost every day |
| <input type="checkbox"/> 2 days | <input type="checkbox"/> Every day        |

16. In the last 12 months have you ever felt so overwhelmed that you considered suicide?

- |                              |   |
|------------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No (skip to question 18) |
|------------------------------|---|

17. How are you addressing the problem? (Check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Medication                       | <input type="checkbox"/> Increasing health behaviors (eating better, more exercise, regular sleep) |
| <input type="checkbox"/> Talking to a counselor           | <input type="checkbox"/> Nothing   |
| <input type="checkbox"/> Talking to a healthcare provider |  |
| <input type="checkbox"/> Talking to a trusted person      |  |
| <input type="checkbox"/> Other (please specify) _____     |  |

18. Please check all that apply to you.

- |  |  |
|--|--|
| <input type="checkbox"/> Currently smoke                           | <input type="checkbox"/> Used to use e-cigarettes, vape, or JUUL |
| <input type="checkbox"/> Currently chew                            | <input type="checkbox"/> Never smoked                            |
| <input type="checkbox"/> Currently use e-cigarettes, vape, or JUUL | <input type="checkbox"/> Never chewed                            |
| <input type="checkbox"/> Used to smoke                             | <input type="checkbox"/> Never used e-cigarettes, vape, or JUUL  |
| <input type="checkbox"/> Used to chew                              |  |



## Polk County Community Health Survey

28. Are you a veteran of the U. S. armed forces?

Yes

No

29. Number of dependent children less than age 18.

None

3

1

4

2

5 or more

30. What is the highest degree or level of education you have completed?

Completed some high school

Bachelor's degree

High school graduate

Master's degree

Completed some college

PhD

Associate degree

31. What was your total household income before taxes during the past 12 months?

Less than \$25,000

\$75,000 to \$99,999

\$25,000 to \$34,999

\$100,000 to \$149,999

\$35,000 to \$49,999

\$150,000 or more

\$50,000 to \$74,999

32. What is your current work situation?

Employed

Stay-at-Home parent/caregiver

Unemployed

Retired

33. What is your race/ethnicity?

White

Asian

Black/African American

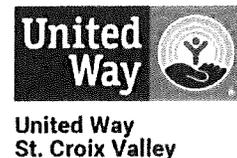
Native Hawaiian or Pacific Islander

American Indian/Alaskan Native

Hispanic/Latino

Other \_\_\_\_\_

This survey is a collaborative effort between the following organizations:



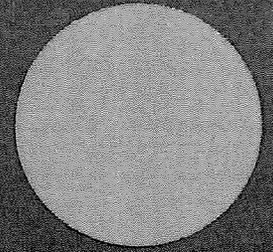
# Appendix IV

# MENTAL HEALTH AND SUBSTANCE USE ASSET INVENTORY

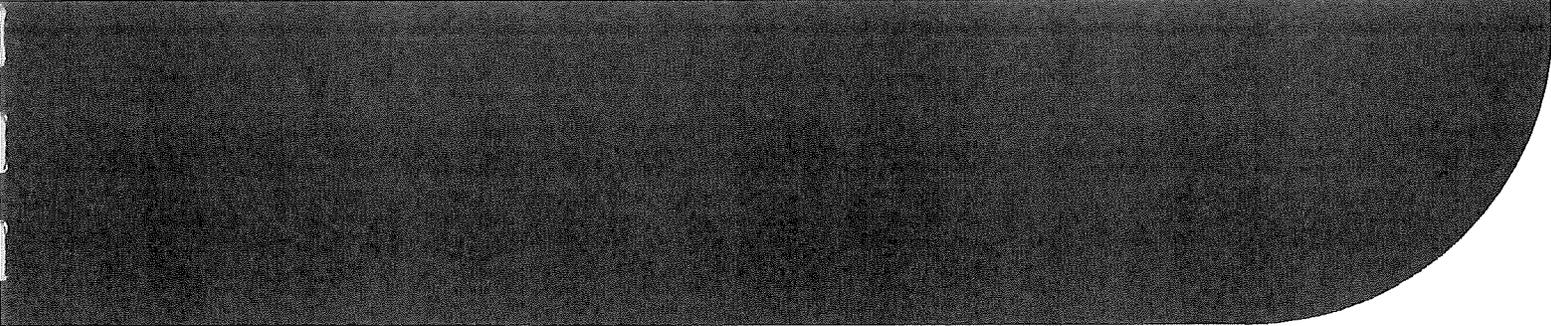
<u>Service Name</u>	<u>Contact Information</u>	<u>Description</u>
<b>Amery Regional Medical Center</b>	265 Griffin St. E. Amery, WI. 54001 (715) 268-0060 <a href="http://www.amerymedicalcenter.org">www.amerymedicalcenter.org</a>	Since 1956 we have focused on building partnerships with our patients and the communities we serve.
<b>Aurora Community Counseling</b>	406 Technology Drive E. Menomonie, WI. 54751 (715) 235-1893 <a href="http://www.auroraservices.com">www.auroraservices.com</a>	A diverse human service agency committed to helping individuals live fuller, richer lives.
<b>Family Based Therapy Associates</b>	11549 Lake Lane, Suite #2 Chisago City, MN. 55013 (651) 257-2733 <a href="http://www.familybasedtherapyassociates.com">www.familybasedtherapyassociates.com</a>	FBTA is a comprehensive mental health & integrative medicine resource partnering with you. Bringing families together, helping children and teens thrive and helping you work past your issues.
<b>Midwest Psychological Services</b>	2501 Hanley Rd Hudson, WI. 54016 (715) 381-1980 <a href="http://www.midwestpsychological.com">www.midwestpsychological.com</a>	Provide experienced counseling and psychological services for individuals, couples, and families dealing with a wide variety of issues.
<b>Northwest Counseling &amp; Guidance Clinic</b>	203 United Way Frederic, WI. 54837 (715) 327-4402 <a href="http://www.nwcgc.com">www.nwcgc.com</a>	Committed to strengthening individuals, families, and communities. Guiding the path to hope.
<b>Northwest Passage, Ltd</b>	203 United Way Frederic, WI. 54837 (715) 327-4402 <a href="http://www.nwpltd.com">www.nwpltd.com</a>	Residential treatment programs for boys and girls from ages 6 to 17. Comprehensive assessment services.
<b>Osceola Medical Center</b>	2600 65 <sup>th</sup> Ave. Osceola, WI. 54020 (715) 294-2111 <a href="http://www.myomc.org">www.myomc.org</a>	Inspiring and improving the health and well-being of our community through home-town customer service, quality health care and strategic partnerships

<b><u>Service Name</u></b>	<b><u>Contact Information</u></b>	<b><u>Description</u></b>
<b>Peace Tree Counseling</b>	108 Chieftain St. Osceola, WI. 54020. (715) 417-3241 <a href="http://www.peacetreecounseling.com">www.peacetreecounseling.com</a>	A safe, supportive, confidential environment where individuals, couples, and families can learn to engage in life more fully.
<b>Polk County Behavioral Health Department</b>	100 Polk County Plaza Balsam Lake, WI. 54810 (715) 485-8400 <a href="http://www.polkcountybehavioralhealthdept.org">www.polkcountybehavioralhealthdept.org</a>	A recovery based department committed to serving the mental and behavioral health needs of everyone in Polk County.
<b>Sharon Ward, LP Licensed Psychologist</b>	Remotely serving St. Croix Falls, WI. & Roseville, MN. (612) 822-1022 <a href="http://www.sharonwardtherapy.com">www.sharonwardtherapy.com</a>	Therapy for individuals, couples, children, and families.
<b>St. Croix Regional Medical Center (SCRMC)</b>	235 State Street St. Croix Falls, WI. 54024 (715) 483-3221 <a href="http://www.scrmc.org">www.scrmc.org</a>	Counseling and Mental Health Care.
<b>Travis Hinze, PhD Licensed Psychologist</b>	329 S. River St. Spooner, WI. 54801 (800) 994-4693 <a href="http://www.hinzephd.com">www.hinzephd.com</a>	Mental Health Services Assessment & Therapy.

# PHYSICAL ACTIVITY ASSET INVENTORY



<u>Name</u>	<u>Location</u>	<u>Contact Information</u>	<u>Notes</u>
"Polk County On The Move"	n/a	<a href="http://www.polkcountyonthemove.org">www.polkcountyonthemove.org</a>	215 miles of Trails throughout the county mapped out on their website.
Snap Fitness (Amery)	930 Elden Ave. Amery	(715) 254-9652	Open 24/7 to members, strength training and personal trainers available.
A Touch of Life Wellness Center	308 Keller Ave. N Amery	(715) 268-6210	Massage, chiropractor
Fitness Center, Amery Hospital & Clinic	220 Keller Ave. N Amery	(715) 268-1001	Open 24/7 to members, fitness classes, massage therapy & more.
Sunshine Fitness	560 5 <sup>th</sup> St. Clear Lake	(888) 722-1968	Open 24/7 to members, group exercise classes, and more. Work with many insurance companies regarding payment.
Snap Fitness (St Croix Falls)	340 E Mckenny St. St Croix Falls	(715) 483-9765	Open 24/7 to members, strength training and personal trainers available.
Snap Fitness (Osceola)	2388 State Rd. 35 Osceola	(715) 294-4554	Open 24/7 to members, strength training and personal trainers available.



<u>Name</u>	<u>Location</u>	<u>Contact Information</u>	<u>Notes</u>
Wild River Fitness	2360 65 <sup>th</sup> Ave. Osceola	(715) 294-2164	Open 24/7 to members, child care available, group exercise classes, personal trainers, summer camps for children, & more.
Snap Fitness (Milltown)	104 2 <sup>nd</sup> Ave. NW Milltown	(715) 553-0801	Open 24/7 to members, strength training and personal trainers available.

# NUTRITION ASSEST INVENTORY

## Farmer's Markets (June-October)

<u>City</u>	<u>Location</u>	<u>Hours of Operation</u>
Amery	Soo Line Park on Keller Ave	Saturdays 9:00am – 12:00pm Mondays 3:00pm – 6:00pm
Balsam Lake	507 Main Street (Catholic Church parking lot)	Fridays 3:00pm – 5:00pm
Frederic	507 Wisconsin Ave. (Inter County Leader parking lot)	Saturdays 8:00am – 12:00 pm
Osceola	Mill Pond Park on Cascade St.	Fridays 2:00pm – 6:00pm
St. Croix Falls	230 Washington St. (Library Plaza)	Saturdays 10:00am – 1:00pm

## Food Pantries

<u>Name</u>	<u>Location</u>	<u>Hours of Operation</u>	<u>Notes</u>
Amery Community Food Pantry	230 Deronda St. Amery	Thursdays 2:00pm – 6:00pm	Call Ahead (715) 268-5999
Lifeline Food Pantry	560 5 <sup>th</sup> St. Clear Lake	Wednesdays 1:00pm – 5:00pm Thursdays 12:00pm – 4:00pm	(715) 263-3846

## Food Pantries

<u>Name</u>	<u>Location</u>	<u>Hours of Operation</u>	<u>Notes</u>
Family Pathways	1100 Wisconsin Ave S. Hwy 35. Frederic	Tuesdays 9:00am – 6:00pm Wednesdays 12:00pm – 6:00 pm Thursdays 9:00am – 6:00pm Saturdays 9:00am – 12:00pm	(715) 327-4425
Loaves and Fishes	300 North 1 <sup>st</sup> St. Luck (DBS Hall)	Tuesdays 11:00am – 1:00pm Thursdays 11:00am – 1:00pm	
Open Cupboard Food Shelf	402 2 <sup>nd</sup> Ave. Osceola	Mondays 9:00am – 12:00pm Wednesdays 9:00am – 12:00pm Thursdays 11:00am – 4:00pm	(715) 294-4357
St Croix Falls Food Shelf	809 Pine St. St Croix Falls	Mondays 9:00am – 11:00am Wednesdays 3:00pm – 6:00pm Fridays 9:00am – 11:00am	(715) 483-9494
Ruby's Pantry	Luck & Amery locations	<ul style="list-style-type: none"> <li>• Luck: 3<sup>rd</sup> Tuesday of even months. 11:30am – 1:00pm</li> <li>• Amery: 2<sup>nd</sup> Saturday of each month. 8:00am – 10:30am</li> </ul>	<a href="http://www.homeandawayministries.org">www.homeandawayministries.org</a> \$15.00 donation per family.
Family Pathways St Croix Falls	2000 US Hwy 8 St Croix Falls	Mondays 9:00am – 5:00pm Tuesdays 9:00am – 12:00pm Wednesdays 11:00am – 6:00pm Thursdays 9:00am – 5:00pm Fridays 9:00am – 5:00pm	(715) 483-2920

## Community Meals

<u>Name</u>	<u>Location</u>	<u>Hours of Operation</u>	<u>Notes</u>
Georgetown Lutheran Church	877 190 <sup>th</sup> Ave. Balsam Lake	3 <sup>rd</sup> Thursday of the month 12:00pm – 1:30pm	(715) 857-5580
West Denmark Lutheran Church	2478 170 <sup>th</sup> St. Luck	Last Sunday of every month 5:00pm	(715) 472-2383
Bone Lake Lutheran Church	1101 255 <sup>th</sup> Ave. Luck	(September – May) 3 <sup>rd</sup> Wednesday of the month 5:30pm – 6:30pm	(715) 472-2353  Free Thanksgiving meal offered
United Methodist Church	306 River St. Osceola	(January – October) Last Wednesday of the month 5:30pm – 6:30pm	(715) 755-2275
Alliance Church of the Valley	1259 State Rd 35 St Croix Falls	4 <sup>th</sup> Tuesday of the month 5:00pm – 6:30pm	(715) 483-1100

## Other Resources

<u>Program</u>	<u>Information</u>
Polk County WIC	(715) 485-8520
Commodity Supplement Food Program Melissa Wyss, WestCapp	(800) 606-9227 EXT. 1329
Salvation Army Backpack Program	Eligible students receive a backpack on Fridays full of nonperishable food.
Farmers Market Nutrition Program for Elderly OR Meals On Wheels ADRC	(715) 485-8449