

POLK COUNTY HUMAN SERVICES BOARD MEETING AGENDA

Public Welcome to Attend

August 27, 2013

8:30 a.m., Lower Level Conference Room
Polk County Government Center
100 Polk County Plaza
Balsam Lake, WI 54810

Department Mission Statement:

Our mission is to assist, empower, and build upon the strengths of the children, youth, and adults in Polk County to achieve positive outcomes.

1. Call to Order/Note Attendance
2. Consideration of Agenda (Agenda not necessarily presented in this order)
3. Consideration of July 23, 2013 Meeting Minutes
4. Public Comment
5. Organizational items
 - A. Establish Date/Time/Refreshments of Next Meeting (see below)
 - B. Review Committee Calendar
 - Committee Calendar for September
 - Review of budget recommendations and consideration of options and amendments
 - Policy revisions for County Board action, related resolutions or other items requiring committee action (as needed)
6. Presentation—DBT Group (Dialectical Behavior Therapy)
7. **Presentation for Public Comment: 2014 Budget Plan.**
8. Human Services Board Member Observations
9. Adjourn

George Stroebel, Chair
Gene Phillips, Director

Tentative Meeting Dates

August 27, 2013
September 24, 2013
October 22, 2013
November 26, 2013
December 17, 2013 (3rd Tuesday)

Refreshments

August	Staff
September	Staff
October	Brian
November	Staff
December	Marvin

This meeting is open to the public according to Wisconsin State Statute 19.83. Persons with disabilities wishing to attend and/or participate are asked to notify the County Clerk's office (715-485-9226) at least 24 hours in advance of the scheduled meeting time so all reasonable accommodations can be made. Requests are confidential.

***Polk County Human Services Department
Board Meeting Minutes
Date: August 27, 2013***

Present: George Stroebel
Marvin Caspersen
David Markert
Brian Masters
Bill Alleva
Tim Strohbusch
Kris Hartung

Absent: Russell Arcand
John Gyllen

Also: Gene Phillips
Dana Frey
Felecia Kallevang
Kristin Boland

Chairperson Stroebel called the meeting to order at 8:30 a.m.

Consideration of Agenda

Motion to approve the August 27, 2013 agenda was made by Mr. Caspersen, seconded by Mrs. Hartung. All in favor. Motion carried.

Approval of Minutes

Motion to approve the July 23, 2013 meeting minutes was made by Mr. Masters, seconded by Mr. Strohbusch. All in favor. Motion carried.

Public Comments

No comments offered.

Organizational Items

Establish Date & Time of Next Meeting

The next HS Board Meeting is scheduled for September 24th at 8:30 a.m. Mrs. Hartung informed the HSD board that the County Board is meeting on September 17th, and if possible our board should meet prior to that meeting. The Human Services Board will now meet on September 10th at 8:30 a.m. to review the budget. Mrs. Hartung stated that Mr. Frey is planning on handing out the county budget to the board members by September 3rd.

Presentation-BDT Group (Dialectical Behavior Therapy)

Mr. Phillips stated that one of the big issues that we deal with in the Human Services MH Clinic is personality disorder, or borderline personality disorder. These clients are very unpredictable. In our department we have someone trained in this field and we are lucky to have her. He then introduced Kristin Boland, our DBT group therapist. Mrs. Boland gave an overview of the group that she leads. She stated that dialectical means in balance. She is trying to have her clients take the black & white out of things. She said she tells her clients that they are all doing good, but need to do better. HSD used to offer women's, men's, and adolescent groups all separate. Now Mrs. Boland has a men's and women's group combined. We are also in the process of looking at starting an adolescent group again. Mrs. Boland gave a handout of a DBT Brochure, showing information regarding the group and also the referral form. The clients can start or stop the program whenever they want to. There are 4 areas of DBT, which are: interpersonal effectiveness, distress tolerance, emotion regulation, & mindfulness. Mrs. Boland asks the clients to attend at least 2 rounds of groups sessions, possibly 3 rounds. Each round is 12 weeks in length. SCRMC & ARMC refer to our program. SCRMC does have a DBT group, but does not accept MA insurance. Medication from the psychiatric doctor can help with mood stabilization but the clients still need the DBT therapy. It is mainly a life skills training. Mrs. Boland also passed out a Distress tolerance handout, and talked about the general life skills that are taught in this program. She wanted to give some examples on how the program is working. In the last year, none of our clients that are involved in the DBT therapy groups have required an emergency detention. There was only 1 voluntary hospitalization, and 2 women regained custody of their children. Many clients gained employment, others have been able to maintain their employment, and a few have now gone back to college. There are improvements in all relationships. Mr. Alleva asked if family members can participate in this program. Mrs. Boland responded no, but they are considering that for the adolescent group. Family members are allowed into individual therapy sessions. Dr. Markert commented that this program sounds very effective. Mr. Alleva asked if there are any other therapists trained in this area. Mrs. Boland responded yes, and explained that Mr. Anderson and Mrs. Carlson are both trained, some with different type of trainings but still in DBT. Mr. Alleva spoke about the options of using this tool in the schools. Mrs. Boland thought it could work especially with the High School children, and also thinks it could be molded for the younger children with the proper training. Mr. Stroebel wanted to know what the rate for billing is. Mrs. Kallevang

responded that it is billed out at \$50/hr and is usually a 1 ½ hour session. The reimbursement rate for MA is \$17.05/hr. Most of the DBT group is on MA. Mr. Phillips stated this is a great program on the prevention side.

Standard Monthly Reports-Human Services

Monthly Statistics- Mr. Stroebel made an observation that the juvenile intakes were down a little in July, which is a good thing. Mr. Phillips said yes, but it could triple next month. Everyone agreed that when school starts the referrals will jump up again. Mr. Masters asked for information on what case management is. Ms. Kirkwood explained it is follow up with clients on court cases, ect.

Presentation for Public Comment 2014 Budget Plan- There were not any public attendees present. Mr. Phillips stated that the county levy is about the same as last year. There are a few small changes, for example the vehicles being centralized in the county. The new computer program is scheduled to start early next year. It will include medical records, case logs, billing, etc. It will streamline the workflow and allow more efficiency within the department. Mr. Phillips stated that on the revenue side there are not any major changes. He said expenses will go up. The plan is to focus on collections. For example the juvenile billing is not being done effectively right now so we will work on those areas. Also we will apply for any grants that we can. The CCS program is allowing more billable time, so we will work in that area. One of the big issues is looking at billable time. We want to free up time for the billable employees and plan to do so with the new computer system. On the expense side, volatile services are crucial, for example placements, etc. Mr. Stroebel asked for the target date for implementation of the new computer system. Mr. Phillips responded March 1st we hope to go live, but plan on testing by the beginning of the year. The major change in our department right now is in ES with the affordable care act changes coming. The basic funding is stable and we are planning on having additional funding with the ACA. The state/feds have commitment to 2-2 ½ years of 100% funding, which means no levy dollars. The county will start the process October 1st. Mr. Phillips explained that we are planning on having a mobilizer to start the screening process within ES. This person would go over with the clients if they would qualify and give them info to schedule an appointment with whichever area they would qualify for. Quite a few people that are on Badger care right now will no longer qualify and will have to purchase insurance. Mr. Stroebel asked if there will be more positions in ES. Mr. Phillips responded yes, possibly 1 or 2. Mr. Stroebel asked if there is a certain expectation for each employees regarding billable time. Mr. Phillips explained that they did do an analysis on everyone and that it can vary from person to person. It is on average at 60-70%. We have to take into consideration vacation, lunches, etc. Dr. Markert asked if there is a more effective way to run this annual public meeting, especially since there isn't anyone here. Mr. Phillips explained it is just part of the state checklist, and that there were a few comments from the public at

the county board meeting. Mr. Alleva agreed and said it is the same for the school districts.

Human Services Board Member Observations

Dr. Markert shared that the Long Term Care contract that had gone out to bid was awarded to Community Care of Central Wisconsin. Northern Bridges will no longer be administrating these services. They will try to keep as much staff as possible from Northern Bridges. The plan is for the change to take place January 1, 2014.

Adjournment

Motion to adjourn the meeting at 10:12 am was made by Mr. Strohbusch seconded by Dr. Markert. All in favor. Motion carried.

Respectfully submitted,

Bill Alleva,
Secretary